1 Complex community-wide consequences of consumer sexual dimorphism

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26 Abstract

Sexual dimorphism is a ubiquitous source of within-species variation, yet the community-level consequences of sex differences remain poorly understood. Here, we analyze a bitrophic model of two competing resource species and a sexually-reproducing consumer species. We show that consumer sex differences in resource acquisition can have striking consequences for consumer-resource coexistence, abundance, and dynamics. Under both direct interspecific competition and apparent competition between two resource species, sexual dimorphism in consumers' attack rates can mediate coexistence of the resource species, while in other cases can lead to exclusion when stable coexistence is typically expected. Slight sex differences in total resource acquisition also can reverse competitive outcomes and lead to density cycles. These effects are expected whenever both consumer sexes require different amounts or types of resources to reproduce. Our results suggest that consumer sexual dimorphism, which is common, has wide-reaching implications for the assembly and dynamics of natural communities.

51 Introduction

52 Within-species variation is one key feature of natural populations that has emerged as 53 a critical contributor to community ecology and species interactions (Hughes et al. 2008, 54 Bolnick et al. 2011, Des Roches et al. 2018). Even in the simplest scenario of a single-55 species community with a single optimum phenotype, within-population variation is expected 56 to reduce population growth rate of a well-adapted population via effects on mean fitness 57 (Haldane 1937). In more complex multi-species communities, phenotypic variation in 58 consumers or their resources can either promote or constrain coexistence between competing 59 species, under many circumstances yielding different conclusions than would be reached 60 from models ignoring within species variation (Bolnick et al. 2011, Schreiber et al. 2011, 61 Patel and Schreiber 2015, Cortez and Patel 2017). One emerging question (Bolnick et al. 62 2011) from this work is the degree to which understanding the specific source of phenotypic 63 variation matters in community ecology. 64 Here, we explore the ecological consequences of sexual dimorphism, a central feature of metazoans and many plant populations that has not been fully incorporated into ecological 65 66 theory. The gamete differences that define the sexes are expected to lead to divergence 67 between males and females in a suite of life history traits (Trivers 1972, Shärer et al. 2012), 68 and phenotypic traits. This divergence is iconically manifest as striking sexual dimorphism in 69 sexually-selected traits such as body size or courtship displays (Darwin 1871, Andersson 70 1994). Although sexual selection and associated mate choice behaviors themselves may have 71 relevance to interspecific ecological interactions (Gomez-Llano et al. 2018), the different life 72 histories that define the sexes are often expected lead to different nutritional and resource 73 requirements for males and females (Maklakov et al. 2008). As a specific example, in

74 insects, differential contributions of longevity and fecundity to male and female lifetime

75 reproductive success result in different combinations of macronutrients that maximize male

76 and female fitness (Maklakov et al. 2008, Reddiex et al. 2013, Garlapow et al. 2015, Jensen 77 et al. 2015, Camus et al. 2017). Similarly, nutritional models of optimal foraging have been 78 proposed to explain sex differences in diets of moose (Belovksy 1978). Consequently, males 79 and females of many species have evolved divergent resource use, either as an indirect 80 outcome of divergent reproductive roles or through other forms of sex-specific natural 81 selection, resulting in sex-differences in diet composition and often in corresponding trophic 82 morphology (Slatkin 1984, Temeles 1985, Shine 1989, Temeles et al. 2000, De Lisle and 83 Rowe 2015a, De Lisle 2019).

84 Data suggest that these 'ecological' sexual dimorphisms can have substantial 85 consequences for community structure (Fryxell et al. 2015, Pincheira-Donoso et al. 2018, 86 Start and De Lisle 2018, Tsuji and Fukami 2018, 2020). More generally, sex differences may 87 play an important role in the relationship between ecological and evolutionary dynamics 88 (Giery and Layman 2019, Svensson 2019, Fryxell et al. 2019). Sexual dimorphism thus 89 represents a key source of ecologically-relevant variation within species. Within-species 90 variation in resource specialization is commonplace (Bolnick et al. 2003), with important 91 consequences for species interactions and community assembly (Hughes et al. 2008, Bolnick 92 et al. 2011, Des Roches et al. 2018). Critically, as a source of intraspecific variation, sexual 93 dimorphism may have different consequences from other types of variation. Unlike most 94 phenotypes, whose relative abundances can evolve to reflect local ratios of alternative 95 resources, the ratio of males to females (at birth) is expected to be maintained at 1:1 (Darwin 96 1871, Fisher 1930), though their phenotypes and demography may diverge to have 97 differential ecological impacts. Thus, the rate at which males are born (which determines 98 predation pressure on males' prey), is strongly dependent on females' foraging success. 99 Perhaps to a lesser extent (depending on mating system), the rate of female offspring 100 production can depend on male foraging success. Importantly, persistence of a sexually

reproducing consumer depends on the persistence of both sexes. This coupling of the
dynamics of two consumer phenotypes has unknown consequences for consumer-resource
dynamics, consumer mediated coexistence of the resource species, and apparent competition
between the resource species. Using a simple model of consumer-resource dynamics, we
show that consumer sexual dimorphism can influence (both positively and negatively)
coexistence between resource species (competing directly or apparently), and species'
abundance.

108

109 Materials and Methods

110 Our model represents a simple extension of a classic model of consumer-resource dynamics,

111 in which a consumer species exploits two resources that themselves undergo density-

112 dependent growth (Figure 1). Consumer growth rate is limited only by resource abundance.

113 The original version of this model did not consider within-species phenotypic variation, and

114 can lead to exclusion of one resource ('apparent competition'; (e.g. Holt 1977). More

115 recently, (Schreiber et al. 2011) showed that quantitative trait variation in the predator,

116 affecting attack rates on the two resources, can facilitate coexistence between the prey. Here,

117 we instead allow for the possibility that male and female consumers differ in resource-

118 specific attack rates. We describe the population dynamics of two resources (with densities

119 R_i, R_j and consumer males (with density *M*) and females (with density *F*) using the system

120 of ordinary differential equations:

$$\frac{dR_i}{dt} = r_i R_i \left(1 - \alpha_{ii} R_i - \alpha_{ij} R_j \right) - a_{M,i} R_i M - a_{F,i} R_i F \text{ for } j \neq i$$
(1a)

121

$$\frac{dM}{dt} = \frac{1}{2} B(M, F, R_1, R_2) - d_M M$$
(1b)

$$\frac{dF}{dt} = \frac{1}{2} B(M, F, R_1, R_2) - d_F F.$$
 (1c)

123

124 Each resource undergoes density-dependent population growth with intrinsic per-capita 125 growth rates r, with competition represented by competition coefficients α . Resources are also regulated by consumers depending on sex-specific attack rates by males a_M and by 126 127 females a_F . Consumer dynamics are governed by females' birth rate B (half of the offspring) being female), and limited by sex-specific intrinsic mortality rates d_M and d_F . 128 129 An appropriate function describing birth rates has been a point of debate for 130 demographers, with the general conclusion being that any function describing birth rates 131 should capture the negative effects of extreme sex ratio skew on birth rates, with the extreme 132 being that birth rates should be zero when one sex is absent (Caswell and Weeks 1986), or 133 unable to breed. Generally, treating birth rates proportional to the harmonic mean density of males and females is agreed as the best approach (Caswell and Weeks 1986, Lindstöm and 134 135 Kokko 1998), and is also empirically supported (Miller and Inouye 2011). Here, we extend 136 this harmonic mean birth function to account for each sex's foraging success, on the logic 137 that each sex must both be present and sufficiently well-fed to reproduce:

$$B(M, F, R_i, R_j) = 2 \frac{MI_M * FI_F}{MI_M + FI_F}$$
⁽²⁾

138

139 where *I* is the energy intake of a given sex:

$$I_{F=} b_F (a_{F,1}R_1 + a_{F,2}R_2) \text{ and } I_{M=} b_M (a_{M,1}R_1 + a_{M,2}R_2)$$
(3)

140 which couples the dynamics of consumers and resources. In this model the rate of consumer 141 births depends on not just the number of males and females but also on the abundance of both 142 prey and the prey preference of each sex, where MI_M is the number of males weighted by 143 their energy to reproduce (similarly with females), *b* is a scaling constant reflecting the

degree to which sex-specific resource acquisition influences birth rate, and $a_{M,i}$, $a_{F,i}$ are the 144 attack rates on the resource *i*. Although we make no genetic assumptions, we note that our 145 146 birth function, and thus our model, applies to sexually-reproducing diploid consumers. As an 147 alternative to the inclusion of constants b_M and b_F , equation 2 can be equivalently expressed 148 with the inclusion of a "harem size" parameter, h (Caswell and Weeks 1986, Lindstöm and 149 Kokko 1998; see supplemental material); changes in b_M relative to b_F alter the degree to 150 which each sex contributes to birth rates in an equivalent manner to the effects of deviations 151 of h from unity. We focus on the parameterization in equation 2 because it illustrates that the mathematical/demographic effects of "harem size" can in fact be brought about by any factor 152 153 that alters the relative contribution of sex-specific density to birth rates.

Because we are specifically interested in understanding effects of sexual dimorphism in prey preference, we relate male and female resource-specific attack rates via the degree of sexual dimorphism, β , such that

$$a_{M,1} = a_{M,max} \left(\frac{1}{2} + \frac{\beta}{2}\right)$$
 and $a_{F,1} = a_{F,max} \left(\frac{1}{2} - \frac{\beta}{2}\right)$ (4a)

157

$$a_{M,2} = a_{M,max} \left(\frac{1}{2} - \frac{\beta}{2}\right) \text{ and } a_{F,2} = a_{F,max} \left(\frac{1}{2} + \frac{\beta}{2}\right)$$
 (4b)

158

159 where β ranges from zero to one, with $\beta = 0$ representing complete sexual monomorphism if 160 maximum attack rates are equal across the sexes (both sexes are generalists, attacking each 161 prey at the rates, $a_{F,max}/2$ and $a_{M,max}/2$), and $\beta = 1$ representing complete sexual 162 dimorphism such that males only attack R_1 and females only attack R_2 . Sex differences in 163 a_{max} reflect a situation where males and females intake different total amounts of resources, 164 independent of any difference in resource preference. In our study we explore both types of 165 sex differences in resource acquisition; sexual dimorphism in resource preference captured by 166 β , as well as sex differences in total resource acquisition captured by sex-specific a_{max} .

By assuming that resource acquisition of males and females contributes to the 167 168 consumer birth rate, we are not necessarily making any assumption about parental care or 169 condition-dependent fecundity. Rather, this is an assumption that the fraction of each sex 170 available for reproduction depends in part on resource acquisition, a realistic feature of many 171 organisms. For instance, males' energetic costs of finding a mate, defending a territory, care 172 for offspring, or expressing a sexually-selected trait are all expected to depend on the 173 resource pool available to males (Rowe and Houle 1996). Females' ability to produce eggs, 174 gestate, and provision young (e.g., lactation in mammals) similarly depends on their energy 175 intake. Parental care and other factors can also lead to associations between sex-specific 176 resource abundance and consumer birth rates, beyond what would be expected beyond the 177 costs of simply being available to mate.

178 We analyzed this model to find equilibria when both one or two resources are present, 179 as well as invasion criteria for a resource into a two species community at equilibrium. Using 180 the mathematical theory of permanence (Schreiber 2000, Patel & Schreiber 2018), we can use 181 these invasion criteria to determine whether all three species coexist (in the sense of 182 permanence), exhibit a bistability, or competitive exclusion occurs. In addition to presenting 183 our analytical results below, we provide further mathematical details in Supplement A. We 184 also numerically explored the behavior of the model under a variety of scenarios using the 185 packages deSolve v. 1.21 (Soetgart et al. 2010) and caTools v. 1.17.1.2 (Tuszynski 2019) in R 186 v. 3.5.0 (R Core Team 2018). Importantly, using simulations allowed us to explore the 187 behavior of our model for cases where 2-species consumer-resource equilibria do not exist. 188 Because there are a large number of potential combinations of parameters that could be 189 explored, we focused our simulations on three different biological scenarios: 1) completely 190 symmetric male and female total attack rates and contributions to birth rate, 2) asymmetric

191 total attack rates across the sexes, and 3) asymmetric contribution of male and female 192 resource acquisition to consumer birth rates. The first scenario applies most readily to 193 organisms with biparental care and similar total caloric requirements across the sexes. The 194 second scenario likely applies to many organisms where total lifetime resource acquisition is 195 higher for one sex, which is the case for many organisms where the sexes differ, for example, 196 in body size. The third scenario is another realistic departure from the first, relevant for 197 organisms where resource acquisition in one sex (e.g., females) has a greater influence on 198 that sexes mating propensity, or cases with biased operational sex ratios due to polyandry or 199 polygyny. For each scenario we explore the consequences of consumer ecological sexual 200 dimorphism (β) for consumer persistence and coexistence. For each set of parameter values, 201 we simulated the model 1,000 time steps (to ensure the simulation reaches its equilibrium). 202 For each run, we determined the equilibrium abundances of M, F, R_1 and R_2 at t = 1,000. We 203 also calculated the standard deviation of species' abundances in the last 50 time-steps. 204 Although we present solutions simulated on the scale of $\alpha_{ii} = 0.1$, we obtained qualitatively 205 equivalent conclusions rescaling under a wide range values of competition coefficients (see 206 Table S1B, Supplement B). The R script to generate all figures and results presented is 207 available in the supplementary material.

208

209 Results

210 Analytical results

Our analysis begins by considering a subsystem of a single resource species, say species i,
and the consumer species. That is, we explore the conditions under which a sexually
dimorphic consumer can persist on a single resource species. These two species can coexist
if

$$H_i \frac{1}{\alpha_{ii}} > 2 \tag{5}$$

216 where $H_i := 2 \frac{\frac{b_M a_{i,M} b_F a_{i,F}}{d_M}}{\frac{b_M a_{i,M}}{d_M} + \frac{b_F a_{i,F}}{d_F}}$ is the harmonic mean of the lifetime per-capita resource

contributions of each sex to reproduction, and $\frac{1}{\alpha_{ii}}$ corresponds to the carrying capacity of 217 resource species i. Intuitively, $H_i \frac{1}{\alpha_{ii}}$ corresponds to the average number of offspring produced 218 219 by a mating pair during their lifetime when the resource species is at its carrying capacity. These harmonic means decrease to zero with the degree of sexual dimorphism (i.e. H_i is a 220 221 decreasing function of β and $H_i=0$ when $\beta = 1$), there always is a critical degree of sexual 222 dimorphism above which the consumer cannot persist on a single resource species. 223 Intuitively, this arises when one of the sexes specializes too much on the other (absent) 224 resource species and, consequently, contributes too little to reproduction. When the 225 coexistence condition holds, the consumer-resource species pair coexist at the following equilibrium densities: 226

227
$$R_i^* = 2/H_i$$

228
$$F_i^* = \frac{r_i \left(1 - \frac{2\alpha_{ii}}{H_i}\right)}{a_{i,F} + \frac{a_{i,M}d_F}{d_M}}$$
(6)

$$M_i^* = \frac{d_F}{d_M} F_i$$

At these densities of the consumer and resource *i*, the second (rare) resource species *j* can
invade if its per capita growth rate

232
$$I_j = r_j \left(1 - \frac{2\alpha_{ji}}{H_i} \right) - A_j F_i^*$$
(7)

is positive. Here, $A_j = a_{F,j} + a_{M,j}d_F/d_M$ is the average attack rate on resource *j* when the males and females are at an equilibrium. Provided the consumer species can persist on each of the resource species individually, the invasion growth rates I_1 and I_2 determine the ecological outcomes. If both invasion growth rates are positive (mutual invasibility), all three species coexist. If both invasion rates are negative, there is a priority effect in which both single resource-consumer equilibria are stable. If one invasion growth rate is positive and the other is negative, this suggests (as confirmed by numerical simulations) that the resource species with the positive invasion growth rate excludes the other resource species. In the supplementary material (Supplement A), we provide more details about this analysis and describe the invasion conditions for these outcomes or when the consumer only persists in the presence of both resource species.

244 As a step toward understanding the general conditions for coexistence and exclusion, 245 we first examine two special cases corresponding to (i) resource competitive symmetry 246 whereby $\alpha_{11} = \alpha_{12} = \alpha_{21} = \alpha_{22}$ and (ii) pure apparent competition whereby $\alpha_{12} = \alpha_{21} = \alpha_{21}$ 0. When there is competitive symmetry, the resource species with the larger value of r_i/A_i 247 248 excludes the other resource species. The quantity r_i/A_i corresponds to the consumer density supported by resource species *i* when intraspecific competition is very weak i.e. $\alpha_{ii} = 0$. 249 250 Hence, the resource species that supports the highest consumer equilibrium density (in the 251 absence of self-limitation) excludes the other. This is an analog of the P^* rule (Holt 1977, Holt and Lawton 1993, Schreiber 2021). In this case, sexual dimorphism (as measured by β) 252 253 influences outcomes only if there is an asymmetry in the maximal attack rates of the female 254 and male (e.g., female masked boobies dive for prey more often than males; Weimerskirch et 255 al. 2009). For example, if the female-preferred resource (R_1) has the higher intrinsic rate of growth $(r_1 > r_2)$ and the female consumer has the higher maximal attack rate of the two 256 257 sexes, then the female-preferred resource species excludes the other resource species when 258 sexual dimorphism is low (i.e. $A_1 = A_2$ when $\beta = 0$). However, as the average attack rate A_1 259 on the female-preferred resource increases with the magnitude β of the sexual dimorphism, sexual dimorphism reverses the outcome of apparent competition whenever $r_1/a_{F,max} <$ 260 $r_2/a_{M,max}$ and the self-limitation in the female-preferred resource is weak. 261

262 Next, we consider the case of pure apparent competition in which there is no direct

263 competition between the resources, i.e. $\alpha_{12} = \alpha_{21} = 0$. Then, coexistence occurs when

264
$$\frac{1}{1-2\alpha_{ii}/H_i} > \frac{r_i/A_i}{r_j/A_j} \text{ for } i \neq j$$
(8)

The right-hand side of this condition determines the outcome of apparent competition in the case of competitive symmetry i.e. the species with larger r_i/A_i wins. The left-hand increases to infinity as the sexual dimorphism increases such that H_i approaches $2\alpha_{ii}$. This has two implications: (i) when r_1/A_1 and r_2/A_2 are equal, the resource species coexist at any level of sexual dimorphism, and (ii) when r_1/A_1 and r_2/A_2 are unequal, sufficiently strong sexual dimorphisms (that still allow the consumer to persist, per equation 5) will ensure coexistence of the two resource species by diluting the strength of apparent competition.

272

273 Finally, the general coexistence condition is

274
$$\frac{1-2\alpha_{ji}/H_i}{1-2\alpha_{ii}/H_i} > \frac{r_i/A_i}{r_j/A_j} \text{ for } i \neq j$$
(9)

275 The effect of sexual dimorphism on the left-hand side term depends on the relative strengths 276 of intra- and interspecific competition. When intraspecific competition is greater than interspecific competition (i.e. $\alpha_{ii} > \alpha_{ji}$), the left-hand side term increases to infinity with 277 278 increasing sexual dimorphism. In contrast, when interspecific competition between resources 279 is greater than intraspecific competition (i.e. $\alpha_{ii} > \alpha_{ii}$), the left-hand side term of the general 280 coexistence condition decreases to zero with increasing levels of sexual dimorphism. The 281 effect of sexual dimorphism on the right-hand side term of the general coexistence criterion is 282 as discussed for the case of competitive symmetry. Together these observations imply that if 283 resource 1 is the better direct competitor i.e. $\alpha_{21} > \alpha_{11}$ and $\alpha_{21} < \alpha_{22}$, then coexistence requires that resource 2 is the better apparent competitor i.e. $r_2/A_2 > r_1/A_1$. In which case, a 284 285 sexual dimorphism can help consumer-mediated coexistence.

287 Numerical results: Symmetric resource acquisition across the sexes

288 Our numerical results generally matched conclusion from our analytical solutions and are 289 summarized in Table 1. The effects of consumer sexual dimorphism on resource population 290 dynamics are illustrated in Figure 2. Sexual dimorphism results in increased resource density 291 (Fig 2B vs. 2D; Fig 3), reduced consumer density (Figure 3), and can facilitate persistence of 292 a competitively inferior resource species (Fig 2A vs. 2B; note that this contrast is determined 293 by persistence of the consumer, which is possible under the conditions in 2B). When 294 competition is purely apparent and resource acquisition by the consumer is symmetric across 295 the sexes, increasing consumer sexual dimorphism increases the parameter space under 296 which resources can coexist (Fig. 2C vs 2D), consistent with our analytical results (Fig. 4A). 297 In particular, as sexual dimorphism approaches the extreme (each sex uses a different 298 resource exclusively), competitively inferior resource species can coexist with a superior 299 competitor that is more susceptible to apparent competition (Figure 4). This effect is in part 300 due to the fact that consumer persistence depends on the density of both resources at this 301 extreme.

302 When resources compete directly with symmetric intraspecific competition, resource 303 acquisition is symmetric across the sexes and intrinsic per-capita growth rates are equal 304 between resources, consumer sexual dimorphism has little effect on invasion of a resource 305 into a consumer-single-resource community at equilibrium (S1A-C, S4A). Yet even in the 306 absence of effects on coexistence consumer sexual dimorphism has strong effects on 307 equilibrium resource abundance, both under analytical solutions to a two species community 308 and under simulations of three species communities (Fig 3). As predicted by our analytical 309 conditions, when resource growth rates are unequal, sexual dimorphism changes expected 310 regions of coexistence of both resources and the consumer, leading to invasion and 311 persistence of competitively inferior resource that is a superior apparent competitor i.e. has a

312 larger value of r_i/A_i (Figure 5B, Figure S4B, Figure S1).

313

314 Numerical results: Asymmetric total resource acquisition

Introducing asymmetric total resource acquisition, represented as sex differences in the maximal attack rates $a_{F,max}$ and $a_{M,max}$, has complex effects on both population dynamics and coexistence between competing resources. Introducing asymmetric attack rates can promote coexistence (as predicted by the analytical results) while simultaneously creating cyclical resource dynamics (Fig 2B). Under pure apparent competition and asymmetric attack rates, consumer sexual dimorphism has some similar effects to the case of symmetry, mediating coexistence of resources that differ in intrinsic per-capita growth rates (Fig 4B).

322 Under direct interspecific competition, sexual dimorphism in resource specialization 323 has striking effects on resource persistence when the sexes differ in total resource acquisition, 324 expanding regions of coexistence (Figs 5A, B) and in some cases leading to persistence of a 325 competitively inferior resource (Figs 5C, D; Supplement B Figs S4B, C). Moreover, sex differences in total resource acquisition can reverse competitive outcomes when resources 326 327 differ in their intrinsic per-capita growth rates and the degree of resource specialization is 328 held constant (Figs 5C, D). The effect of sex differences in total resource acquisition on 329 patterns of prey persistence can be as striking as the effects of resource specialization 330 (Supplement B Figs S2, S1).

331

332 Asymmetric contribution of resource acquisition to birth rate

Introducing asymmetries in the contribution of sex-specific resource acquisition to birth rate (e.g., polygyny or polyandry, manifest as changes of the constant b_M), had little qualitative effect. This similarity is illustrated in Supplement B figure S3 (compare to S1). Although changing these constants results in shifts of absolute regions of coexistence, the influence of consumer sex differences was similar. Lack of sensitivity in asymmetries in the
contribution of resource acquisition to birth rates is consistent with our analytical results
(Supplement A) that apply to all first-order homogenous mating functions including
geometric and arithmetic contributions to reproduction.

341

342 Discussion

343 Using a general model of consumer-resource dynamics we show that consumer sexual 344 dimorphism has substantial consequences for community assembly. Competitive exclusion 345 via apparent competition is expected and observed when males and females are 346 monomorphic generalists and resources differ substantially in their intrinsic per-capita 347 growth rates. However, when male and female consumers differ in their resource-specific 348 attack rates, resource species that differ substantially in their intrinsic per-capita growth rates 349 can coexist. Similar effects of consumer sexual dimorphism are observed when resources 350 compete directly, with sexual dimorphism in some cases permitting coexistence or persistence of a competitively inferior resource (summarized in Table 1). However, for both 351 352 direct and apparent competition, consumer sexual dimorphism can also lead to competitive 353 exclusion between resources that would typically be expected to coexist. Thus, consumer sex 354 differences result in fundamental changes in the types of competing resources that can 355 establish during community assembly. These results also support conclusions from other 356 food web models suggesting trophic position may impact the observed ecological effects of 357 sexual reproduction (Kawatsu 2018). Moreover, equilibrium resource abundances and 358 temporal dynamics are altered by consumer sexual dimorphism even when long-term 359 ecological outcomes are unaffected. Our results in many ways echo recent work demonstrating that ontogenetic differences in resource acquisition in a species can have 360 361 similar complex consequences for community assembly (de Roos 2020). However, a key

difference is that in sexually-reproducing species we expect to observe these types of effects
whenever consumer mating propensity depends, in part, on resource acquisition, a biological
reality for many sexually-reproducing consumers (e.g. widespread evidence of developmental
thresholds for transitions to reproduction, reveiwed in Wilbur and Collins 1973, Day and
Rowe 2002, and resource-dependent sexual displays, Bonduriansky 2007), and whenever
male abundance matters for population growth rates.

368 Although our results suggest that the effects of consumer sexual dimorphism on 369 community assembly can be complex, our analysis reveals some key predictions from our 370 model. First, consumer sex differences in resource-specific attack rates result in an increase 371 in the equilibrium density of each resource and a decrease in the abundance of the consumer 372 species. Intuitively, sexual dimorphism can frequently lead to slightly suboptimal resource 373 use of the species due to a mismatch between demand (restricted by a 50:50 sex ratio) and 374 resource availability which can be more variable and dynamic. Second, consumer sexual 375 dimorphism can promote coexistence when the more aggressively-feeding sex (higher total 376 attack rates) specializes on and suppresses what would otherwise be the competitively 377 superior resource. This later situation may be commonplace if sex-specific natural selection 378 favors specialization, by the sex with higher resource requirements, on the most abundant 379 resource. Finally, and related to the previous observation, the effects of consumer sexual 380 dimorphism are most pronounced when resources either differ in intrinsic per-capita growth 381 rates, or when consumer sexes differ in their total resource acquisition.

Although the assumption of complete female demographic dominance is common in theoretical models in ecology and evolutionary biology, there is little empirical support for this demographic extreme. Our simulation models instead focused on a harmonic mean birth function, which is biologically realistic in that it captures severely reduced birth rates when any one sex is rare, which is likely to be the case even if sperm limitation is unimportant at

sex ratios near 1:1. Empirically evaluating alternative birth functions in real systems is 387 388 difficult, requiring extreme variation in adult sex ratios rarely seen in many species. 389 However, some empirical data exists and supports the harmonic mean as the best-fitting 390 description of sexual birth rates (Miller and Inouve 2011a). Nonetheless, our analytical 391 results (see Supplement A for details) that our conclusions apply to any birth function that is 392 first order homogenous i.e. $B(aMI_M, aFI_F) = aB(MI_M, FI_F)$ for any positive constant a > 0. 393 These functions include all functions typically considered candidate birth functions by 394 demographers (Caswell and Weeks 1986, Miller and Inouye 2011a). Our conclusions do 395 depend on the assumption that male abundance makes some contribution to birth rate. 396 Although even moderate sex differences in attack rates can change the conditions 397 under which resources coexist, the strongest effects are observed when the consumer 398 population approaches complete sexual dimorphism in resource specific attack rates. Cases 399 of such extreme sex differences in diet preference exist (Temeles et al. 2000), although 400 whether they occur with any regularity is unclear. Diet divergence between the sexes, and 401 sexual dimorphisms in trophic morphology, are common (Shine 1989), although overlap in 402 male and female diets can be substantial even in the presence of ecological sex differences 403 (e.g., Stamps et al. 1997, De Lisle and Rowe 2015a). Yet overlap in diet content may be 404 expected even in the case of large differences in attack rates, as diet content is the product of 405 both attack rate and resource abundance. Further, males and females may fail to diverge in 406 diet preference even when optimum diet nutritional content differs across the sexes (Reddiex 407 et al. 2013). These challenges to understanding sex-specific resource acquisition highlight 408 the need for further empirical studies disentangling expressed diet preference, male and 409 female nutritional optima, and the evolution of ecological sexual dimorphism. 410 We have assumed a Fisherian sex ratio, where the primary sex ratio is maintained at a

411 stable 1:1 ratio (Fisher 1930), although our model allows for deviations from a 1:1

412 operational sex ratio via sex-specific intrinsic mortality. In fact, our results show that even 413 slight sex differences in mortality rates can have dramatic consequences for community 414 assembly under both pure apparent and direct competition between resource species. Sex-415 specific mortality is commonplace in natural populations and can occur for a variety of 416 reasons, such as sex-specific costs of reproduction, predation, or sexual conflict. In our 417 model, sex-specific mortality, as well as variation in consumer mating system (see 418 Supplemental material) had strong but predictable consequences for resource abundance, 419 leading to increases in the abundance of the resource favored by the sex with higher intrinsic 420 mortality.

421 Our analysis also assumes that the male and female trophic traits are constant. In 422 nature, however, the degree and even direction of sexual selection can vary dramatically 423 among closely related populations (e.g., Reimchen et al. 2016). Dimorphism clearly evolves 424 rapidly in response to spatially varying sexual selection and resource availability. Future 425 extensions to our strictly ecological model could add in eco-evolutionary dynamics of sexual 426 dimorphism.

427 Male and female densities were reduced with increasing ecological sexual 428 dimorphism, because consumer births are limited by resource acquisition in both sexes in our 429 model. In the extreme case, where the consumer cannot persist on a single resource (for 430 example, under complete sexual dimorphism), coexistence of the consumer depends on stable 431 coexistence of the resource species (Supplement A). Our simulations suggest robust 432 persistence of extremely dimorphic consumers in two-consumer communities, albeit at 433 reduced density. Both of these results – reduced consumer density and dependence on the 434 presence of both resource species in the community – suggest that sexually-dimorphic populations may face a higher risk of extinction due to demographic stochasticity. However, 435 436 it is difficult from our purely deterministic ecological model to fully interpret the

consequences of sexual dimorphism on extinction probability. Evolution of sexual 437 438 dimorphism from a monomorphic ancestor that specializes on a single resource could lead to 439 increased population mean fitness, by increasing the total resource pool available across both 440 sexes (Rand 1952, Selander 1966, Slatkin 1984, Li and Kokko 2021); such a process 441 represents a form of within-species, between-sex ecological character displacement, and may 442 be particularly likely to occur when the sexes interact in small demes (Li and Kokko 2021). 443 More generally, evolution of sexual dimorphism is expected to be critical to population mean 444 fitness whenever optima differ for males and females (Lande 1980), and empirical data 445 suggest sexual dimorphism can be associated with reduced extinction probability at both the 446 macroevolutionary scale and in extant populations (De Lisle and Rowe 2015b). Nonetheless, 447 our results suggest a full understanding of sexual dimorphism's role in population persistence 448 could require integrating theory and data from population/community ecology and 449 evolutionary genetics. This conclusion is complemented by recent theory (de Vries and 450 Caswell 2019) indicating sexual dimorphism in demographic parameters can have important 451 consequences for maintaining genetic diversity. 452 Our model generally predicts that ecological sexual dimorphism may in some cases 453 promote, and in other cases reduce, diversity at lower trophic levels during community 454 assembly. Testing this prediction with correlative data (reviewed in Tsuji and Fukami 2020)

455 would be possible but challenging. An alternative and non-exclusive hypothesis, that

456 dimorphic predators are more likely to establish in communities with diverse prey

457 assemblages, would also generate patterns consistent with our results. Alternatively,

458 experiments that manipulate the expressed dimorphism of predators and track community

459 dynamics at lower trophic levels are tractable in some systems. Similar experiments have

460 been performed (Fryxell et al. 2015, Start and De Lisle 2018), in which effects of predator

461 sex ratio manipulation on prey communities are assessed in mesocosm designs. Although the

results of these experiments do suggest sex differences can have important community 462 463 consequences, no studies (to our knowledge) have compared communities in which the 464 magnitude of morphological sexual dimorphism is manipulated under a stable sex ratio. Such 465 designs are possible when distributions of male and female phenotypes exhibit substantial 466 variation, and would represent an ideal empirical test of the theoretical results presented here. 467 Ecological sex differences are commonplace, although the details of their 468 evolutionary drivers and ecological consequences are unclear. Emerging theory and data 469 indicate ecological sex differences may have important consequences for the evolutionary 470 genetics of adaptation (Zajitschek and Connallon 2017), the dynamics of diversification 471 (Bolnick and Doebeli 2003, De Lisle and Rowe 2015b) and community assembly (Fryxell et 472 al. 2015, Pincheira-Donoso et al. 2018, Start and De Lisle 2018). Our results add to this body 473 of work, indicating that sexual dimorphism can have substantial effects on the structure, abundance, and dynamics of ecological communities, including changing conditions for 474 475 coexistence between competing resource species. 476 477 Acknowledgements. We thank Tim Connallon and Miguel Gomez for comments on an 478 early draft of this manuscript, as well as Gonzalo Hernando for assistance in the early stages 479 of the project. This work was supported by funds from the University of Connecticut to DIB, 480 an establishment grant from the Swedish Research Council to S.P.D. (2019-03706), and an 481 U.S. National Science Foundation Grant DMS176803 to SJS. 482 483 References 484 Andersson, M. B. 1994. Sexual selection. Princeton University Press, Princeton, N.J. 485 486 Belovksy, G. E. 1978. Diet optimization in a generalist herbivore: the

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Table 1. Summary of effects of sex differences in resource use. Arrows indicate effects on mean species density and the range of parameter space under which resource coexistence is observed.

Density Consumer ↓	Coexistence Apparent competition	\uparrow
Resource 个	Direct competition, equal resource growth rates, symmetric acquisition	0
	Direct competition, different resource growth rates, symmetric acquisition	\uparrow
	Direct competition, asymmetric acquisition	$\uparrow\downarrow$



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Figure 1. Illustration of the model structure. Males (M) and females (F) of a consumer species exploit two resources (R_1 and R_2) that may or may not also compete directly (double arrow). Sex-specific attack rates (black arrows) generate sex differences in ecological niche such that males and females preferentially attack R_1 and R_2 , respectively, with varying degrees of overlap (grey arrows). Although males and females may consume different resources, fitness is equal across the sexes and so the dynamics of males, females, resource 1 and resource 2 are coupled.

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661 Figure 2. Coexistence mediated by sexual dimorphic consumers. In panel A, resource 2 (red) is a superior competitor to resource 1 (blue), leading to exclusion of resource 1 and the 662 663 sexually-monomorphic consumer that cannot persist on a single resource species. However, 664 adding consumer sex differences in total resource acquisition, under otherwise identical parameter values, leads to consumer persistence and coexistence of the resource species with 665 666 cyclical dynamics (B). When competition is completely apparent (C, D), the resource with 667 superior growth rate (red) excludes the inferior resource when consumers are sexually 668 monomorphic (C). Under the same parameterization but with sexually dimorphic consumers (D), density of both resources is increased and they coexist. Parameter values: A, $\alpha_{11} = .1$, 669 670 $\alpha_{12} = .12, \alpha_{22} = .1, \alpha_{21} = .09, \beta = 1, d_M = d_F = 0.02, b_M = b_F = .1, a_{M, max} = a_{F, max} = 1, r_1 = r_2$ 671 = 1; **B** α_{11} = .1, α_{12} = .12, α_{22} = .1, α_{21} = .09, β = 1, d_M = d_F = 0.02, b_M = b_F = .1, $a_{M, max}$ = .8, $a_{F, max} = 1.2, r_1 = 1, r_2 = 1; C \ \alpha_{11} = .1, \alpha_{12} = 0, \alpha = .1, \alpha_{21} = 0, \beta = 0, d_M = d_F = 0.02, b_M = b_F$ 672

673	= .1, $a_{M, max} = 1$, $a_{F, max} = 1$, $r_1 = 1$, $r_2 = 1.1$; D $\alpha_{11} = .1$, $\alpha_{12} = 0$, $\alpha_{22} = .1$, $\alpha_{21} = 0$, $\beta = 0.9$, d_M
674	$= d_F = 0.02, b_M = b_F = 1, a_{M, max} = 1, a_{F, max} = 1, r_1 = 1, r_2 = 1.1;$
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691 Figure 3. Consumer sexual dimorphism results in increased resource density and reduced consumer density in two and three species communities. Panel A: Equilibrium 692 693 consumer female density decreases and resource 1 density increases with increased sexual 694 dimorphism in a two species (consumer-1 resource) community (equation 6). Panel B: these 695 results hold in simulations in three species communities, where resource 1 density is plotted 696 against competition coefficients in both resource species under three levels of sexual 697 dimorphism, increasing from left to right. Assuming symmetric total attack rates across the 698 sexes, symmetric contribution of resource acquisition to consumer birth rates, and equal 699 growth rates across resources.





703 Figure 4. Sexual dimorphism in resource acquisition expands regions of coexistence 704 between resources under apparent competition. Panels show relative density of resource 1 $(R_1/(R_1+R_2))$ from numerical simulations with starting conditions of $R_1 = R_2 = 1$ and M = F705 706 = 1. Panel A shows the outcomes under symmetric maximal attack rates across the sexes 707 $(a_{M, max} = a_{F, max} = 1)$, and equal death rates $d_M = d_F = 0.02$. Panel B shows the outcomes 708 assuming sex differences in maximal attack rate ($a_{M, max} = .8, a_{F, max} = 1.2$). Panel C shows 709 outcomes under identical conditions to A, but with a sex difference in death rate of 710 approximately 11% (reduced male mortality, d_M =0.018, d_f =0.02). Panel D shows the 711 opposite sex difference (reduced female mortality, $d_M=0.02$, $d_f=0.018$). White dashed lines 712 indicate analytical solutions (equation 8) limited to the range of consumer coexistance $H_i \frac{1}{\alpha_{ii}} > 2$, which corresponds to $\beta < .96$. 713













726	Figure 5. Sexual dimorphism alters regions of coexistence of resource species. Panels
727	show relative density of resource 1 ($R_1/(R_1 + R_2)$) from numerical simulations with starting
728	conditions of $R_1 = R_2 = 1$ and $M = F = 1$. Panel A shows outcomes under sexual
729	monomorphism ($\beta = 0$), unequal growth rates ($r_1 = 2, r_2 = 2.1$) across resources, and no sex
730	differences in total attack rate ($a_{M, max} = a_{F, max} = 1$). Panel B shows the outcome under the
731	same parameter values but with strong consumer sexual dimorphism ($\beta = 0.7$). Panels C and
732	D show the effect of sexual niche divergence when the sexes also differ in total attack rates
733	(total resource acquisition), with C showing the outcomes under unequal total attack rates
734	$(a_{M, max} = .7, a_{F, max} = 1.3)$, sexual monomorphism in prey preference ($\beta = 0$), and
735	differential resource growth rates ($r_1 = 1.6$, $r_2 = 1.8$), and D showing the outcome under the
736	same parameter values but with moderate sexual dimorphism in prey preference ($\beta = 0.4$).
737	Panels E and F show the effects of sex differences in mortality; in Panel E, d_M =0.018, d_f
738	=0.02. In Panel F, d_M =0.02, d_f =0.018, while β = 0.5 in both panels. Note that in the absence
739	of sex differences in mortality coexistance would be restricted to the bottom left quadrant
740	represented by black dashed lines, which demark equal inter and intraspecific competition
741	coefficients. White dashed box demarks coexistence determined by analytical invasion
742	criteria into a two-species community under equation 9.

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