Sex Differences in the Recombination Landscape*

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ABSTRACT: Sex differences in overall recombination rates are well known, but little theoretical or empirical attention has been given to how and why sexes differ in their recombination landscapes: the patterns of recombination along chromosomes. In the first scientific review of this phenomenon, we find that recombination is biased toward telomeres in males and more uniformly distributed in females in most vertebrates and many other eukaryotes. Notable exceptions to this pattern exist, however. Fine-scale recombination patterns also frequently differ between males and females. The molecular mechanisms responsible for sex differences remain unclear, but chromatin landscapes play a role. Why these sex differences evolve also is unclear. Hypotheses suggest that they may result from sexually antagonistic selection acting on coding genes and their regulatory elements, meiotic drive in females, selection during the haploid phase of the life cycle, selection against aneuploidy, or mechanistic constraints. No single hypothesis, however, can adequately explain the evolution of sex differences in all cases. Sex-specific recombination landscapes have important consequences for population differentiation and sex chromosome evolution.

Keywords: heterochiasmy, recombination, sex chromosomes, meiotic drive.

Introduction

Rates and patterns of recombination differ strikingly between sexes in most species. These differences represent an evolutionary conundrum. A rich body of theory and data provides many insights into the evolution of overall recombination rates (Barton 1995; West et al. 1999; Otto 2009; Ritz et al. 2017; Stapley et al. 2017). But why recombination differs between males and females is far less well understood (Burt et al. 1991; Lenormand 2003; Lorch 2005; Hedrick 2007; Brandvain and Coop 2012; Lenormand et al. 2016).

Nearly all attention to this question has focused on overall map lengths. Achiasmy, in which recombination is lost in one sex, has evolved about 30 times, and the loss always occurs in the heterogametic sex (Haldane 1922; Huxley 1928; Burt et al. 1991). A much more common but less understood situation is heterochiasmy, in which both sexes recombine but at different rates. In these cases, sex differences in map lengths are not correlated with which sex is heterogametic (Burt et al. 1991; Lenormand 2003; Brandvain and Coop 2012), although overall recombination tends to be higher in females across animals and outcrossing plants (reviewed in Lenormand and Dutheil 2005; Brandvain and Coop 2012). Sex differences in map lengths are even found in species with nongenetic sex determination (Miles et al. 2009) and in hermaphrodites (Franch et al. 2006; Giraut et al. 2011; Jones et al. 2013; Theodosiou et al. 2016).

The historical focus on sex differences in overall map lengths overlooks a potentially more interesting and important phenomenon: sex differences in patterns of recombination along chromosomes. In humans, for example, crossovers are concentrated near the tips of chromosomes in males but not females (Broman et al. 1998). We call the distribution of crossovers along chromosomes the recombination landscape. These landscapes may have important implications for evolution, as variation in overall recombination along chromosomes influences adaptation, population differentiation, and speciation (Birky and Walsh 1988; Butlin 2005; Presgraves 2005; Nachman and Payseur 2012; Burri et al. 2015; Ortiz-Barrientos et al. 2016).

This article presents the first comprehensive review and synthesis of sex differences in recombination landscapes. We begin with a meta-analysis that reveals several generalizations about these landscapes that extend across eukaryotes. Recombination rates near the ends of chromosomes are typically greater in males, regardless of which sex has the greater overall map length. Recombination rates in the middle of chromosomes, particularly near centromeres, are typically greater in females. Sex differences in recombination also occur at fine scales. These results indicate that sexual species do not have a single recombination landscape. Instead, they have two separate landscapes—one
for each sex—which derive from a shared genome but which can evolve independently. Several recent studies have provided key insight into the cellular and genetic mechanisms responsible for sex differences in recombination. We review these findings in the second section of this article and discuss the evolutionary constraints or biases that they may contribute to the recombination landscape.

Few studies have investigated how and why strikingly different landscapes have evolved in males and females. One possibility is that selection acts solely on the sex-averaged recombination rate and that differences in the sexes result from genetic drift (Nei 1969; Burt et al. 1991). However, the consistent patterns of sex differences across several phyla renders this null hypothesis unlikely. Another possibility is that sex differences in the recombination landscape result from different mechanistic constraints imposed by oogenesis and spermatogenesis (Hunt and Hassold 2002; Petkov et al. 2007). A third possibility is that these differences are adaptive (Ritz et al. 2017). We review previously proposed adaptive hypotheses for sex differences in recombination, including potential roles for female meiotic drive or selection against aneuploidy. We also propose a new hypothesis in which sexually antagonistic (SA) selection (i.e., effects of sex differences have received scant attention (Butil 2005). Importantly, the genomic landscapes of adaptation are largely driven by the sex with the greatest variation in recombination rates across the genome, typically males. Recombination rates in just one sex, rather than the average across males and females, are also key to the evolution of sex chromosomes. We present six novel predictions regarding general patterns of sex chromosome evolution that we expect to observe based on typical sex differences in recombination landscapes.

The Patterns

Sex differences in the recombination landscape occur both at broad scales (megabases) and at fine scales (kilobases or less). The magnitude of these differences varies between species, but it is typically large. In humans, recombination rates are significantly less correlated between males and females ($r = 0.66$ over 10-kb windows) than between individuals of the same sex ($r > 0.9$; Kong et al. 2010). The correlation between male and female recombination rates is similar in cattle ($r = 0.64$ between the sexes; Ma et al. 2015) but much smaller in mice ($r = 0.28$ to 0.33 between the sexes; $r = 0.50$ to 0.66 between individuals of the same sex; Shifman et al. 2006). Below, we discuss the broadscale and fine-scale patterns responsible for the relatively small correlations between male and female recombination rates.

Broadscale Patterns

We conducted a comprehensive literature review of sex differences in the recombination landscape across eukaryotes. We searched Web of Science and Google Scholar using relevant phrases such as “heterochiasmxy,” “sex differences in recombination,” and “linkage map + sex” to identify studies that explicitly compared male and female recombination landscapes. We also reviewed all studies cited in previous reviews of sex differences in overall map lengths (Lenormand 2003; Lenormand and Dutheil 2005; Brandvain and Coop 2012). In total, we identified 51 species for which data on recombination landscapes in both sexes are available. The results are shown in figure 1 and table A1 (tables A1, A2 are available online).

Males and females typically differ in the distribution of crossovers (COs) along their chromosomes. Most often, COs cluster near telomeres in males, while they are more uniformly distributed or elevated near centromeres in females (for examples, see fig. 2). This results in a characteristic sex contrast: recombination rates near telomeres are higher in males, even when the overall recombination rate is higher in females, while rates in the middles of chromosomes are often higher in females (fig. 1). This pattern is widespread across eukaryotes. Male-biased recombination toward telomeres occurs in 33 of the 51 species that we examined, including humans (Broman et al. 1998; Kong et al. 2002), nearly all other eutherian mammals, all but one teleost fish, all frogs, some birds, both mollusks, and the majority of plants. We will refer to these as the typical landscapes in males and females.

Although most of the species in our data set exhibit male-biased recombination near telomeres, the degree of bias differs considerably between taxa. The most extreme sex differences occur in two frogs (Rana temporaria and Hyla arborea) and in guppies (Poecile reticulata). In these species, all COs ever observed in males have occurred very close to the telomeres (Brelsford et al. 2016a, 2016b; Bergero et al. 2019).

There are exceptions to the typical landscapes. In four species (both marsupials, the domestic pig, and tomatoes), recombination rates at the ends of chromosomes are higher.
in females than in males. In all six species of grasshoppers, COs cluster more strongly toward telomeres in females, but recombination is higher along the entire chromosome in males (Cano and Santos 1990). Six species, including most birds and maize, do not exhibit pronounced sex differences. Landscapes can also vary between chromosomes within a species. In the gilthead sea bream (Sparus aurata), which is a sequential hermaphrodite, recombination is higher in females than males near the telomeres in some chromosomes but is the reverse in others (Franch et al. 2006). We note that the studies in our data set are heavily biased toward vertebrates and that we have little or no data from some key clades (e.g., squamate reptiles, non-orthopteran insects, plants, and all minor animal phyla). More sex-specific

![Recombination near telomeres](image1)

![Recombination near centromeres / chromosome centers](image2)

**Figure 1:** Sex differences in the recombination landscape summarized across taxa. Top: Count of species with male-biased, female-biased, or no significant sex difference in recombination near telomeres. Grasshoppers have an unusual landscape in which recombination is high in males across the entire chromosome, but crossovers in females are strongly clustered toward telomeres. Bottom: Count of species with sex differences near centromeres (or chromosome middles when centromere position is unknown). Underlying data are summarized in table A1.
linkage maps are needed to test for the generality of these patterns across all eukaryotes.

The typical broadscale landscape may result from two primary effects. Several studies cited in table A1 explicitly identified a sex-specific centromere effect, which reduces recombination in males and/or increases it in females. In other cases, recombination is higher in chromosome centers in females, but the locations of centromeres are unknown. Reduced recombination in chromosome centers can also result from mechanisms that favor clustering of COs near telomeres, such as telomere-guided initiation of recombination (Nachman 2002; Duret and Arnott 2008; Higgins et al. 2012; Nachman and Payseur 2012; Zickler and Kleckner 2016).

Acrocentric chromosomes, in which the centromere is located closer to one end of the chromosome, offer opportunities for disentangling the effects of centromeres and telomeres. Using a statistical approach, Sardell et al. (2018) showed that recombination landscapes in male stickleback fish (*Gasterosteus*) are governed both by the distances to the centromere and to the nearest telomere. Centromeres strongly suppress nearby recombination, while a weaker, independent telomere effect favors clustering of COs near chromosome tips and away from chromosome centers. Centromeres also suppress nearly all recombination in males on short arms of autosomes when one arm is much longer than the other. In females, however, centromeres and telomeres have little or no effect on recombination. Similar patterns are found in salmonid fish (Sutherland et al. 2017). The pattern is slightly different in humans: centromeres repress recombination in both sexes but do so much more strongly in males (Broman et al. 1998; Kong et al. 2002; Ottolini et al. 2015).

Yet another pattern is seen in red deer (*Cervus elaphus*), where female recombination is significantly elevated near the centromere on many chromosomes. Johnston et al. (2017) hypothesized that the lack of recombination suppression near their centromeres may be driven by several recent chromosome fissions. Young centromeres are small and expand by the accumulation of repeats, which can cause the suppression of recombination near centromeres to increase over evolutionary time (Liao et al. 2018). Elevated recombination near centromeres in females is also found in several other taxa, however, including *Xenopus* frogs (Furman and Evans 2018), the fish *Notothenia coriiceps* (Amores et al. 2017), and the plant *Brassica nigra* (Lagercrantz and Lydiate 1995). The latter two species have also undergone several recent chromosome fusions (Lagercrantz 1998).

Species with holocentric chromosomes, which lack centromeres, could provide additional insight into factors that govern broadscale recombination landscapes. Unfortunately, little is known about recombination in those species. In the worm *Caenorhabditis elegans*, which is a hermaphrodite, overall recombination rates are lower during spermatogenesis, but the effects of telomeres differ between chromosomes (Zetka and Rose 1990; Meneely et al. 2002; Lim et al. 2008). Other holocentric taxa where recombination has been studied, including Lepidopterans and Hemiptera, are achiasmatic (Burt et al. 1991).
Recombination hot spots are typically defined as small regions of chromosomes where recombination is greater than the genomic mean. A hot spot is typically defined as sex specific if recombination is significantly greater than the genome-wide average in only one sex (Kong et al. 2010). We argue that this definition conflates two different situations. A motif might affect recombination in only one sex, directly causing fine-scale differences. Alternatively, a motif that increases fine-scale recombination in both sexes will be considered sex specific if it lies in a region of the chromosome where broadscale sex differences suppress recombination in one sex (see fig. A1, available online). In this second situation, the hot spot is identified as sex specific by an artifact of the definition, rather than because of a true biological difference in fine-scale recombination between the sexes. Unfortunately, most studies published to date do not allow us to distinguish between these situations.

Several studies have identified sex-specific hot spots based on the standard definition. Approximately 15% of hot spots in humans (Kong et al. 2010) and 60% of hot spots in cattle (Ma et al. 2015) are reported to be unique to one sex. A large fraction of hot spots with sex-specific effects have also been reported in dogs (Wong et al. 2010), pigs (Tortereau et al. 2012), chickens (Elferink et al. 2010), mice (Shifman et al. 2006; de Boer et al. 2015), and maize (Kianian et al. 2018). Those findings, however, may be artifacts of underpowered experimental designs (Brick et al. 2018). Moreover, they did not control for the broadscale sex differences in recombination discussed above.

A recent study of fine-scale sex differences in recombination in mice by Brick et al. (2018) used a more refined approach to determine the sex-specific effects of hot spots. They first identified hot spots with high rates of overall double-stranded break formation (the precursor to recombination). They then compared the recombination rate at each hot spot to rates in flanking regions in each sex. Under this approach, Brick et al. found that at least 97% of hot spots in mice increase local rates of recombination in both sexes. That is, almost no hot spots are sex limited.

The relative increase in recombination, however, differs significantly between males and females at 48% of autosomal hot spots, with a fourfold difference, on average. Many hot spots in mammals are associated with binding motifs for the zinc finger protein PRDM9 (Baudat et al. 2010; Berg et al. 2010; Parvanov et al. 2010). These hot spots are thought to be unaffected by sex (Kong et al. 2010; Lu et al. 2012), and the density of PRDM9 motifs is uncorrelated with sex differences in recombination rates in humans (Bhérer et al. 2017). Males and females differ, however, in the proportion of all hot spots associated with PRDM9. In mice, double-stranded breaks at non-PRDM9 sites occur more often in females than in males (Brick et al. 2018). Likewise, a larger proportion of hot spots contain PRDM9 motifs in males than in females. PRDM9 is believed to localize COs away from gene regulatory regions. Thus, the increased prevalence of non-PRDM9 hot spots in females may explain why recombination is elevated in promoter regions in human females but not in males (Bhérer et al. 2017). In maize, which lacks PRDM9, COs cluster at transcription start sites during female meiosis but cluster at 400 bps upstream from transcription start sites, on average, during male meiosis (Kianian et al. 2018).

**Mechanisms Underlying Sex Differences in the Landscape**

Meiosis in males and females are fundamentally different processes (Hunt and Hassold 2002). The most conspicuous difference is that meiosis in males produces four gametes, whereas meiosis in females produces a single gamete and three inviable polar bodies. There are also many other differences, for example, in how epigenetic marks are inherited, in the timing of the meiotic cell cycle, and in the cellular environment. Any or all of these factors could contribute to sex differences in the recombination landscape. One clear result is that sex chromosomes are not generally responsible for sex differences in recombination landscapes. Sex-reversal experiments in frogs (*Rana temporaria*) and pufferfish (*Taeniopterus niphobles*), and data from species with nongenetic sex determination indicate that differences in landscapes are instead determined by phenotypic sex (Miles et al. 2009; Giraut et al. 2011; Ieda et al. 2018; Rodrigues et al. 2018).

Several recent studies have provided new insight into the mechanisms responsible for sex differences in recombination. In this section, we first discuss cellular mechanisms that are thought to be responsible for sex differences in recombination. We then discuss the genetic basis of those differences.

**Cellular, Molecular, and Physiological Mechanisms**

Sex differences in recombination rates can arise in two ways. First, males and females can differ in the rates that double-stranded breaks are initiated. This factor is responsible for many fine-scale sex differences in recombination in humans and mice (Gruhn et al. 2013, 2016; Brick et al. 2018). Second, the sexes can differ in the frequencies with which double-stranded breaks are resolved into either COs or gene conversion events (Duret and Arndt 2008; Kong et al. 2014; de Boer et al. 2015). This second factor is likely responsible for many broadscale sex differences in the recombination landscape. In mice, recombination rates are higher near telomeres in males, even though rates...
of double-stranded break formation near telomeres are higher in females (Brick et al. 2018).

Differences between the sexes in overall recombination rates may also result from CO interference, which occurs when a CO suppresses the formation of other COs nearby (Petkov et al. 2007). All else being equal, recombination rates should be lower in the sex with stronger CO interference. Indeed, in humans (Hou et al. 2013) and the tree Prunus mume (Sun et al. 2017), CO interference is stronger and overall recombination rates are lower in males. The opposite sex bias is seen in cattle and Arabidopsis thaliana: CO interference is stronger and overall recombination rates are lower in females (Drouaud et al. 2007; Wang et al. 2016b). CO interference is unlikely, however, to explain sex differences in the distribution of COs along chromosomes. The typical male landscape, with elevated recombination near chromosome ends, occurs in all four of these species, despite their differences in the sex bias of CO interference.

The synaptonemal protein complex, which is responsible for chromosome pairing and synapsis during meiosis, may be important to sex differences in recombination (Petkov et al. 2007). The length of the synaptonemal complex is highly correlated with sex-specific map length in humans (Tease and Hultén 2004) and plants (Drouaud et al. 2007; Girault et al. 2011; Phillips et al. 2015). Intriguingly, the structure of the synaptonemal complex in humans differs between males and females near the telomere and the centromere (Gruhn et al. 2016). This observation suggests that the synaptonemal complex may contribute to broadscale sex differences in the recombination landscape in some taxa. Other evidence argues against its general importance as a driver of these sex differences. A genome-wide association study by Halldorsson et al. (2019) identified 47 variants at 35 loci associated with variation in recombination in humans, 11 of which are in genes that encode the synaptonemal complex. Only one of these 11 loci (in the gene SYCE3), however, is associated with sex differences in the localization of COs. Furthermore, the relationship between the synaptonemal complex and recombination does not seem to be universal, as synaptonemal complex length and recombination rates are not correlated in cichlid fish (Campos-Ramos et al. 2009).

Genomic imprinting, that is, methylation that causes gene expression to differ between maternally and paternally inherited chromosomes, has been associated with increased recombination in humans (Lercher and Hurst 2003; Sandovici et al. 2006). Although imprinted genes are common in plants, they are rare in animals (about 0.1% in mammals; Burns et al. 2001). Thus, they are unlikely to be responsible for many of the sex differences in the recombination landscapes of animals.

Other epigenetic modifications play a key role in determining fine-scale sex differences in recombination in mice, and likely other mammals. A fundamental difference between meiosis in male and female mammals is that the genome undergoes global cytosine demethylation during oogenesis, but not spermatogenesis (Seisenberger et al. 2012; Smith et al. 2012). Brick et al. (2018) found that the sex bias of recombination hot spots in mice is determined by the local epigenetic landscape. DNA methylation at a PRDM9 binding site increases local rates of double-stranded break formation. Because methylation is restricted to spermatogenesis, this results in a male-biased hot spot. DNA methylation in a region flanking a PRDM9 binding site decreases local recombination in males, resulting in a female-biased hot spot. Methylation may also play a role in broadscale sex differences in recombination. Methylation occurs primarily at CpG nucleotides (Bird 1986; Lister et al. 2009), and GC content is typically elevated near telomeres (Bernardi 2000; Arndt et al. 2005). We therefore propose that the typical landscapes in mammals may in large part be driven by broadscale patterns of methylation in males. A different pattern is found in maize: male and female hot spots do not differ in their fine-scale methylation patterns, and the sexes exhibit no broadscale differences in recombination (Kianian et al. 2018).

Physiological differences between males and females could also contribute to sex differences in recombination (Morelli and Cohen 2005). Recombination rates are often affected by temperature, which can differ considerably between male and female gonads (Plough 1917, 1921; Phillips et al. 2015). In barley (Hordeum bulbosum), high temperatures increase the frequency of COs in the middle of chromosomes during male but not female meiosis (Phillips et al. 2015). In species with arrested female meiosis, telomeres in males and females spend different amounts of time clustered in the bouquet, which may affect patterns and rates of recombination (Paigen and Petkov 2010).

Finally, age also affects recombination differently in males and females. In humans, females have greater variation in map length (Broman et al. 1998), which is thought to result from increased recombination rates with age (Kong et al. 2004b; Coop et al. 2008). Similar effects of age occur in female Drosophila (Bridges 1927) and cattle (Wang et al. 2016b). The pattern, however, is not universal. The number of chiasma formed during meiosis, which is correlated with recombination rate, decreases with age in female hamsters (Sugawara and Mikamo 1983).

**Genetic Variation in the Landscape**

Some of the genetic variation for recombination rates is sex specific. This observation implies that sex differences in the recombination landscape are not just by-products of sex differences in meiosis. For example, artificial selection experiments on female recombination rate in Tribolium
beetles caused correlated evolution of male recombination rates (Dewees 1975). The genetic correlation between male and female recombination rates, however, was not perfect: the differences in recombination between the high- and low-recombination selection lines was greater for females than males.

Polymorphism in several genes contributes to variation in sex differences in recombination. In humans, an allele of the gene RNF212 is associated with higher recombination in males but lower recombination in females (Kong et al. 2008; Chowdhury et al. 2009). The same locus has similar effects in Soay sheep (Johnston et al. 2016). A chromosomal inversion on human chromosome 17 is associated with higher recombination in females but not males (Stefansson et al. 2005; Chowdhury et al. 2009). A genome-wide association study by Halldorsson et al. (2019) identified 47 variants at 35 genes that are associated with variation in recombination rates or the locations of COs in humans. All of these variants have an effect that is restricted to one sex in at least one aspect of recombination, and 12 had opposite effects in males and females. Finally, at least three loci in cattle affect recombination in females but not in males (Ma et al. 2015).

The most detailed genetic characterization of sex differences in recombination rates comes from house mice (Mus musculus), which vary substantially between strains and subspecies (Dumont and Payseur 2011a). Males from one strain of M. m. musculus have 30% more COs than those from a strain of M. m. castaneus, but females have nearly identical CO frequencies (Dumont and Payseur 2011b). Surprisingly, a castaneus allele at an X-linked locus increases genome-wide recombination when introgressed into musculus (Dumont and Payseur 2011b; Dumont 2017). These authors suggest that lower recombination in both sexes evolved first in castaneus and that later selection for higher rates in females favored the sex-linked modifier. The current sex differences in recombination rates result because females carry two copies of the allele, while males carry only one. Although this example involves overall recombination rates, it is plausible that differences in the distribution of COs along chromosomes could evolve in response to similar selection pressures.

Evolution of Sex Differences in the Landscape

There are two large families of hypotheses that might explain the evolution of sex differences in recombination landscapes. First, they may arise as a by-product of mechanistic differences between meiosis in males and females. Alternatively, the differences may be adaptive.

We have already seen that meiosis in males and females differs in many ways, and these differences could impose constraints on recombination in each sex. Mechanistic constraints might, for example, explain why the typical landscapes are shared across distantly related phyla. Such constraints are not absolute, however, as several observations suggest that sex differences in the landscapes can evolve readily. First, achiasmatic and achiasmic sex chromosomes have evolved repeatedly (Blackmon and Brandvain 2017). Second, the degree of sexual dimorphism in the landscape varies dramatically between taxa, and exceptions to the typical landscapes are not rare. Third, sex-specific genetic variation for recombination rates exists in many taxa. Finally, recombination landscapes also differ between mating types in the unicellular haploid fungus Cryptococcus deneiformans, suggesting that different recombination landscapes can evolve without differences in gametogenesis (Roth et al. 2018). Together, these observations suggest that sex differences in recombination may be adaptive rather than an artifact of mechanistic constraints.

Several adaptive hypotheses have been proposed for heterochiasmy. Trivers (1988) suggested that overall map lengths are generally smaller in males because sexual selection favors tighter linkage between loci important for male reproductive success. This hypothesis did not survive a formal population genetic model analyzed by Lenormand (2003), who showed that selection acting on autosomes during the diploid phase of the life cycle generally does not favor the evolution of sex differences in recombination. He did find exceptions to that generalization, however, and we now turn to them. While none of these hypotheses can explain the contrasting recombination landscapes in males and females by themselves, combinations of them might, and we return to that possibility in the conclusions.

The Sexually Antagonistic cis Epistasis Hypothesis

Lenormand (2003) found that one way that sex differences in recombination can evolve is when two conditions are met. The first is that the strength of epistasis between alleles at a pair of loci on a chromosome depends on whether they are in a cis or trans relationship (i.e., if they are on the same physical chromosome or on different homologues). Second, the relative strengths of the cis and trans epistasis must differ in males and females. Lenormand (2003) thought that the first condition was implausible, arguing that if two loci produce gene products, interactions between those products is unaffected by whether their alleles are in cis or trans.

We propose a hypothesis in which both of Lenormand’s conditions can in fact be met: when there are sex differences in epistasis between coding regions and their cis regulatory regions. We refer to this idea as sexually antagonistic cis epistasis, or SACE. Consider a coding locus C and a regulatory region R that are expressed in males but not in females. Polymorphism is maintained at both loci by some form
of frequency-dependent selection, and there is epistasis between them. To make the ideas concrete, imagine that the loci contribute to alternative mating strategies, as in the ruff, *Phylomachus pugnax* (Küpper et al. 2016). The alternate alleles at C code for lesser or greater intensity of a plumage color, and the alleles at R cause C to be expressed at higher or lower levels. Epistasis occurs because the alleles for higher expression and greater color intensity are favorable to one male morph that has high fitness, while the alleles for lower expression and lesser intensity are favorable to an alternate morph that also has high fitness. Those conditions favor the spread of a mutation at a linked modifier locus M that decreases recombination between R and C in males but that has no effect (or even the opposite effect) in females (Lenormand 2003, eq. [32]).

To verify Lenormand’s conclusions and gain further insight, we carried out simulations of a very simple model. Initially, loci R and C recombine at rate $r_{RC}$, while loci C and M recombine at rate $r_{CM}$ in both sexes. A neutral mutation at M is introduced that decreases the recombination rates $r_{RC}$ and $r_{CM}$ in males by the same proportion, as would happen if the modifier decreases the number of COs in males. We assume that the mutation increases recombination in females by the same factor, so that the overall recombination remains unchanged. The proportional increase in the mutation’s frequency in each generation while it is still rare gives the effective selection coefficient (or eigenvalue), which is the strength of selection on a mutation needed to produce the observed rate of spread. More details are given in the appendix, available online.

The simulations show that decreased recombination in males does indeed evolve but that the effective selection on the modifier is weak (see table A2). For example, take the case in which the epistatic selection coefficient is $c = 0.01$, the initial recombination rates are $r_{RC} = 0.005$ and $r_{CM} = 0.1$, and allele frequencies at the R and C loci are 0.5. A mutation that decreases recombination between the three loci in males by one-half experiences an effective selection coefficient of $3 \times 10^{-7}$. As intuition suggests, simulations show that the effective selection coefficient is proportional to the strength of epistasis, the amount by which the modifier decreases male recombination, and the heterozygosity at R and C.

That the selection on the modifier generated by just one pair of loci is very weak even under relatively strong epistatic selection suggests that a single pair of loci is unlikely to drive fixation of a recombination modifier by itself. The force of selection will be increased, however, if the modifier affects multiple pairs of loci. That situation is plausible: a mutation that decreases male recombination along the center of a chromosome (e.g., by moving COs toward the telomeres) will affect all the loci in that region. The cumulative effects on the modifier are expected to be additive (Kirkpatrick et al. 2002). So if 10 pairs of loci experience SACE selection like that described in the last paragraph, the effective selection coefficient would increase by a factor of 10 (from $3 \times 10^{-7}$ to $3 \times 10^{-5}$). A recombination modifier only evolves in response to selection on linked loci, so SACE selection occurring on other chromosomes will not increase the effective strength of selection. There is, however, the possibility that recombination modifiers have global effects; that is, they modify recombination landscapes on all chromosomes as pleiotropic effects of modifying recombination on their own chromosome (e.g., by locating COs near telomeres). In that event, the evolution of decreased male recombination could result from the cumulative effect of several modifiers throughout the genome, which each affect many pairs of epistatic loci. Still, even under favorable conditions, the SACE mechanism is a weak evolutionary force. It may have been acting over long evolutionary timescales, however, in which case its cumulative effects might have contributed to the recombination landscapes we see today.

At present, the SACE hypothesis is a theoretical possibility without empirical support. A further difficulty for the hypothesis is that male meioses in hermaphrodites tend to show the typical male recombination landscape. The mechanism could still operate in this situation if SACE selection is acting in loci expressed in the testes. Another challenge to the hypothesis is that gene density is typically lower close to the centromere than near telomeres (Bernardi 2000). This pattern suggests that SACE by itself should favor clustering of COs near centromeres, where they will be least likely to fall between a gene and its regulatory regions, rather than the typical clustering of COs near telomeres in males. On the other hand, SACE may explain the fine-scale pattern in mammals where COs occur near promoters less frequently in males than in females (Bhére et al. 2017), as predicted by this hypothesis.

### Haploid Selection and Genomic Imprinting

Lenormand (2003) also found that adaptive sex differences in recombination can evolve by a second (and very different) pathway: when selection acts on the haploid phase of the life cycle. Here selection favors sex differences if the strength and/or direction of epistatic selection is different in sperm and eggs (or pollen and ovules in the case of plants). Evidence for this hypothesis is mixed (Lenormand et al. 2016). Pollen is often subject to strong haploid selection, which may favor the evolution of heterochiasmy in plants. As predicted by the model, female-biased heterochiasmy is strongly correlated with outcrossing, which increases competition among pollen (Lenormand and Dutheil 2005). Opportunities for selection on the haploid phase, however, are much more limited in animals, since many
fewer genes are expressed in sperm and eggs (Joseph and Kirkpatrick 2004). Furthermore, heterochiasmy is uncorrelated with the strength of sperm competition in mammals, in contrast to the prediction of the haploid selection model (Mank 2009).

Sex differences in recombination are also favored when the fitness effects of an allele in the diploid phase of the life cycle depend on whether it is inherited from the mother or the father—a situation very similar to selection in the haploid phase (Lenormand 2003). The most familiar way in which that can happen is by genomic imprinting. Since imprinting affects so few genes in animals (~0.1% in mammals; Burns et al. 2001), this seems unlikely to be the typical way that sex differences in recombination evolve. Lenormand noted, however, that it might explain the observation that imprinted regions of the genome can show large sex differences in recombination rates (Lercher and Hurst 2003; Sandovici et al. 2006).

**Female Meiotic Drive**

Meiotic drive can generate selection on haploid combinations of alleles in gametes, which can favor heterochiasmy (Haig 2010; Brandvain and Coop 2012). Meiotic drive during oogenesis can lead to the evolution of recombination rates in females. Drive can occur during either meiosis I or meiosis II, but the mechanisms are quite different (Brandvain and Coop 2012).

Female meiotic drive can happen during meiosis I, when a centromere biases the chance that it is passed to an egg rather than a polar body (fig. 3). An allele at a locus linked to the centromere will increase in frequency if it causes (or enhances) the drive of the centromere on its chromosome. This allele’s advantage is disrupted, however, if there is a CO between that locus and the centromere, because that decouples the allele from the centromere. Meiotic drive often has deleterious effects on fecundity (Haig and Grafen 1991; Fishman and Saunders 2008; Fishman and Kelly 2015), and unlinked mutations that increase female recombination near centromeres will spread because they disrupt these meiotic drive conspiracies. (Haig [2010] proposed an alternate model of female drive during meiosis I in which an individual’s fitness depends on the genetic composition of its dyads, rather than its genotype at the drive locus. This model predicts that drive during meiosis I favors reduced recombination, which is opposite of the typical landscape in females.)

![Figure 3](image-url): Meiotic drive during meiosis I in oogenesis favors the spread of unlinked modifiers that increase recombination in females, particularly near the centromere. When drive decreases fecundity, these modifiers are favored because they disrupt drive. **Left:** When there is no recombination, the drive allele (magenta) increases the likelihood that its centromere will be transmitted to meiosis II, with the non-drive chromatids transmitted to inviable polar bodies (denoted by pink “X”). **Right:** When there is a crossover between the drive allele and its centromere, one copy of the drive allele is present on both pairs of sister chromatids, eliminating the opportunity to increase its chance of transmission, since it has no effect on the outcome of meiosis II.
The situation is different for drive during meiosis II (fig. 4). Here, drive requires a CO between the driving locus and the centromere, rendering it heterozygous in both potential products of meiosis I. Mutations that increase female recombination are favored when they are linked to the driving allele and hitchhike along with it. If drive incurs a fecundity cost, then the rest of the genome again favors suppressing it. In this case, however, drive is suppressed by decreasing female recombination, contrary to the pattern seen in most taxa.

In sum, Brandvain and Coop (2012) predict that higher recombination in females (specifically, near centromeres) can be favored in two ways. The first is when meiotic drive occurs during meiosis I, drive incurs a fecundity cost, and unlinked modifiers act on recombination throughout the genome. The second occurs during meiosis II, when a driving mutation appears at a locus and a modifier linked to it increases recombination between that locus and its centromere.

Several observations are consistent with this hypothesis. The rapid evolution of centromeres and their associated histones is strongly suggestive of an evolutionary arms race involving centromere drive and other loci that are selected to suppress it (Malik 2009; Malik and Henikoff 2009). Female drive during meiosis I has been well characterized in several species (Dawe and Cande 1996; Fishman and Saunders 2008; Chmálat et al. 2014). Evidence of female drive during meiosis II comes from humans, where recombinant chromatids are more likely to be transmitted to the egg during human oogenesis (Ottolini et al. 2015). On the other hand, there are theoretical reasons to question how important female meiotic drive may be to the evolution of recombination (C. Veller, personal communication). Mutations that increase crossing over must occur in the small window of time while the driver is at very low frequency. Furthermore, if drive occurs during meiosis II, the recombination modifier must be linked to the locus where drive is occurring. Thus, the status of this hypothesis is also in question.

### Aneuploidy

Crossing over is critical to proper chromatid segregation during chiasmatic meiosis, and failure to cross over properly often results in aneuploid gametes. Aneuploidy is surprisingly common and has strong fitness consequences: it is seen in 20% to 40% of human fertilizations and is a primary cause of miscarriage (Nagaoka et al. 2012). The risk of aneuploidy is affected by the location of COs along chromosomes: chiasmata falling close to the centromere are

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**Figure 4:** Meiotic drive during meiosis II in oogenesis favors the spread of unlinked modifiers that decrease recombination or coupled modifiers that increase recombination in females. **Left:** A meiosis II drive allele has no effect without recombination. Whether the drive allele is transmitted to the egg is solely determined the outcome of meiosis I, which is unaffected by the drive allele. As a result, there is an equal chance that the chromatids containing the allele are both transmitted to meiosis II (far left) or that they are deposited in inviable polar bodies (middle, denoted by pink “X”). **Right:** When there is a crossover between the drive allele and its centromere, the product of meiosis I comprises one chromatid with the drive allele and one without. Meiotic drive will then favor transmission of the drive allele to the egg during meiosis II.
consequences of sex-specific recombination. This neglect is likely because the linkage disequilibrium between two loci often depends only on the sex average of the recombination rates between them. But ignoring sex differences in recombination can hinder our understanding of several features of evolution. In this section, we discuss how sex differences in the recombination landscape affect population differentiation and sex chromosome evolution.

Evolutionary Consequences

Although the importance of recombination to evolution is well understood, very little attention has been given to the consequences of sex-specific recombination patterns. This neglect is likely because the linkage disequilibrium between two loci often depends only on the sex average of the recombination rates between them. But ignoring sex differences in recombination can hinder our understanding of several features of evolution. In this section, we discuss how sex differences in the recombination landscape affect population differentiation and sex chromosome evolution.

Population Differentiation, Introgression, and Speciation

Several general patterns link the recombination landscape to population divergence and speciation. Across the genome, differentiation (measured by $F_{ST}$ or $d_{xy}$) is often negatively correlated with the local recombination rate (Van Doren et al. 2017; Vijay et al. 2017; Wolf and Ellegren 2017). Recombination landscapes also affect patterns of hybridization and speciation, as alleles are less likely to introgress between species in regions of low recombination, such as near centromeres (Wu 2001; Butlin 2005; Baack and Rieseberg 2007; Juric et al. 2016; Schumer et al. 2018). These relationships drive a characteristic pattern across eukaryotes, in which closely related species show elevated $F_{ST}$ and $d_{xy}$ in chromosome centers relative to chromosome ends (Berner and Roesti 2017; Haenel et al. 2018).

Our meta-analysis shows that the typical pattern of differentiation seen along chromosomes reflects the typical landscape found in males. To understand why males should have the major effect, consider a scenario in which recombination rates are constant along the chromosome in females but elevated at chromosome ends in males. In this case, the male landscape is responsible for all the variation in the sex average of the local recombination rates along chromosomes, which in turn determines the genomic landscape of population differentiation.

We propose that sex differences in recombination can also have important consequences for introgression between species when hybrid fitness differs between males and females, as it commonly does (Haldane 1922; Coyne and Orr 1989). In these cases, using the sex-average recombination landscape in population genetics models can lead to erroneous conclusions. When hybrid females are infertile or inviable, for example, all recombination between the parental genomes in the F₁ generation occurs in males. If sex differences in fitness carry over into later generations of hybrids, the effects of sex differences in recombination will be amplified. Sex-biased dispersal may further complicate this process. A formal model and data are needed to test the potential effects of asymmetric hybrid fitness and sex-biased dispersal on introgression when recombination varies between sexes.

Finally, strong sex differences in recombination may affect patterns of introgression between species when loci are subject to SA selection. Runemark et al. (2018) proposed that alleles that are beneficial to the sex with very little or no recombination will introgress less readily than alleles that are beneficial to the recombining sex. Modeling is again required to evaluate this idea.

Sex Chromosomes

In many groups of eukaryotes, sex determination frequently changes from one pair of chromosomes to another, a process called sex chromosome turnover. These turnovers can be
caused by the appearance of a new sex-determining factor or by the translocation of a sex-determining factor from one chromosome to another (van Doorn and Kirkpatrick 2007; Bachtrog et al. 2014; Beukeboom and Perrin 2014). Recombination plays a key role in two adaptive hypotheses for sex chromosome turnover. In the first, a new sex-determining factor invades because it is linked to an autosomal locus that is under SA selection (Charlesworth and Charlesworth 1980; van Doorn and Kirkpatrick 2007, 2010). In the second hypothesis, Y and W chromosomes degenerate when they cease recombining with their homologues, which favors invasion of a new sex chromosome that has not yet degenerated (Blaser et al. 2013).

Sex differences in recombination landscapes have important implications for both hypotheses (Sardell et al. 2018). A turnover causes the recombination landscape of the new sex chromosome to immediately change from the sex-averaged landscape it experienced as an autosome to the sex-specific one it experiences as a sex chromosome. Conversely, a sex chromosome that reverts to an autosome sees its recombination landscape change in the reverse direction. As shown in figure 5, these shifts can have implications for turnovers driven by SA selection. Turnovers are more likely when the recombination rate between the new sex determinant and the locus under SA selection is low (Charlesworth and Charlesworth 1980; van Doorn and Kirkpatrick 2007, 2010). Data suggest that divergence between young X and Y chromosomes at loci subject to SA selection in guppies (Poecilia reticulata) may indeed be fostere by extreme clustering of COs near chromosome ends in males (Bergero et al. 2019).

Sex differences in recombination also have potential consequences for turnovers driven by sex chromosome degeneration. In frogs (Brelsford et al. 2016b) and guppies (Bergero et al. 2019), COs in males occur only at the ends of chromosomes. These conditions may foster degeneration of Y chromosomes without the need for the chromosomal inversions that are responsible for blocking recombination between the X and Y in many other taxa (Jeffries et al. 2018). Even very low rates of recombination, including gene conversion, are sufficient to prevent Y chromosome degeneration, however, and there is no evidence for Y chromosome degeneration in frogs or guppies (Jeffries et al. 2018; Bergero et al. 2019).

In light of these hypotheses, our observations about sex differences in the recombination landscape lead to three testable predictions regarding patterns of sex chromosome turnover:

**Prediction 1.** Rates of sex chromosome turnover will be higher in taxa with XY sex determination.

**Prediction 2.** Male-determining factors are more likely to originate in the middles of chromosomes, and female-determining factors are more likely to originate near the telomeres.

**Prediction 3.** XY sex determination will be more common than ZW sex determination.

Under the typical landscape, males have lower recombination along most of their chromosomes. Thus, a new male-determining mutation is more likely to be tightly linked to a locus under SA selection than a new female-determining mutation (see fig. 5). Furthermore, when recombination is very strongly suppressed across most of the chromosome in males, Y chromosomes may degenerate more rapidly than W chromosomes. Both factors will favor more rapid turnover in species with XY sex determination. Indeed, the true frogs (family Ranidae), which have XY sex determination and extreme clustering of COs near chromosome ends in males, show some of the highest observed rates of sex chromosome turnover yet observed (Jeffries et al. 2018). Prediction 2 is difficult to test at present because many sex chromosomes have undergone extensive rearrangements since their sex-determining genes were first established.

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**Figure 5:** The potential for sexually antagonistic selection to establish new sex chromosomes is strongly affected by sex differences in the recombination landscape. The chromosome's physical map is at center, and the linkage maps in males and females are at the left and right, respectively. Sex-determining mutations are shown as diamonds, and alleles with sexually antagonistic effects are shown as squares. **Left:** With the typical male recombination landscape, a new male-determining mutation and a male-beneficial allele can be tightly linked even if they are many megabases apart. This favors establishment of a new Y chromosome. **Right:** With the typical female landscape, a female-determining mutation and a female-beneficial allele that are many megabases apart will be only loosely linked. This inhibits establishment of a new W chromosome.
Prediction 3 is consistent with the available data (Bachtrog et al. 2014), and several notable examples of ZW sex determination occur in species with atypical sex-specific recombination landscapes (e.g., most birds) or achiasmy (e.g., butterflies). Interestingly, Prediction 3 does not follow if turnovers are driven by sex chromosome degeneration: transitioning to ZW sex determination would provide an opportunity to escape the vicious cycle of sex chromosome degeneration that may be imposed by extreme male recombination landscapes in frogs.

Sex differences in the recombination landscape lead to two additional predictions about how sex chromosomes will evolve once they have been established. SA selection acting on a locus in the recombining (or pseudautosomal) region of a sex chromosome favors decreased recombination between that locus and the sex-determining region (Rice 1987; Charlesworth et al. 2005). This change can occur by the fixation of inversions that block recombination between the X and Y or the Z and W. Similarly, SA selection acting on an autosomal locus can favor a fusion between that chromosome and the sex chromosome (Charlesworth and Charlesworth 1980).

In the cases of both fusions and inversions, the strength of selection that favors the chromosome rearrangement to spread is proportional to how much it decreases recombination between the locus under SA selection and the sex-determining region (Rice 1987). That leads to the following predictions under the typical landscapes where recombination is higher in females across much of the chromosome:

Prediction 4. Sex chromosome–autosome fusions will be more common in XY species.

Prediction 5. Inversions on sex chromosomes will fix more frequently in ZW taxa or when a male-determining locus is located near a telomere on a Y chromosome.

Prediction 4 is consistent with published data on frequency of sex chromosome–autosome fusions (Pennell et al. 2015). Prediction 5 is consistent with observations from *Xenopus* frogs, which have ZW sex determination and a typical landscape of elevated recombination in chromosome middles in females (Furman and Evans 2018). The old sex chromosomes of *X. laevis* have retained a very small nonrecombining sex-linked region at one end of the chromosome (a region of low recombination in females). In contrast, the much younger sex chromosomes of *X. borealis* have rapidly evolved a large nonrecombining sex-linked region that covers much of the middle of the chromosome (a region of high recombination in females). Prediction 5 could also explain an intriguing correlation found in reptiles. Most snakes and lizards with ZW determination have heteromorphic sex chromosomes, while those with XY sex determination have homomorphic sex chromosomes (Augstenová et al. 2018). We hypothesize that Z and W chromosomes are fixing inversions more frequently than X and Y chromosomes, which trigger the W to degenerate and be identified as heteromorphic. Data on sex-specific recombination landscapes in squamate reptiles are needed to test whether selection for reduced recombination is indeed likely to be much greater under ZW sex determination.

A final prediction involves gene expression. Connallon and Clark (2010) developed a model showing how recombination differences between the sexes can affect the evolution of sex-biased expression. Their results lead to the following prediction in species where males do not recombine over most of their chromosomes:

Prediction 6. Genes with sex-biased expression will accumulate more rapidly on sex chromosomes than autosomes if they are female beneficial and on autosomes if they are male beneficial.

Genes with female-biased expression are enriched on the sex chromosome in the frog *Rana temporaria* (Toups et al. 2018), in which all COs in males cluster at the extreme chromosome ends. Genes with male-biased expression are not significantly enriched on any chromosome. The first finding supports the predictions of Connallon and Clark’s model, but the second one does not.

These six predictions provide a framework for testing the sexual antagonism and sex chromosome degeneration hypotheses. Both are well understood theoretically, but neither has yet been confronted by data. Sex-specific patterns of recombination are currently known only in a limited number of species, and additional studies are needed to gain key insights into sex chromosome evolution.

Conclusions

Sex differences in the recombination landscape are pervasive. In the typical landscapes, recombination in males is higher near the telomeres and lower in the middle of chromosomes but more uniform along chromosomes in females. Our meta-analysis found that pattern in the majority of the 51 species sampled from eight animal phyla and five plant species, although there are exceptions. The full extent of this pattern across all eukaryotes is unclear, however, as the relevant data are not available from many clades.

Two families of hypotheses might explain sex differences in the recombination landscape. The first is that they are the mechanistic side effects of the many fundamental differences between meiosis in males and females. This idea is a plausible explanation for some general patterns, for example, higher
overall recombination rates in females. It does not, however, explain the exceptions. Furthermore, it is not consistent with evidence of sex-specific genetic variation for recombination that would allow adaptive differences in the male and female landscapes to evolve.

Another family of hypotheses proposes that sex differences in the landscapes are adaptive. Several ideas have some support, but each has weaknesses. First, epistatic selection favoring combinations of alleles at coding loci and their cis-regulatory factors (the SACE hypothesis) can favor the evolution of decreased recombination in males. Modeling shows that this effect is very weak but perhaps could be a factor if there are many of these epistatically interacting loci throughout the genome. SACE also should generally favor clustering of COs near centromeres more than telomeres and only affects the recombination landscape in one sex, requiring additional explanations for why the sexes differ. It is uniquely able, however, to explain some fine-scale patterns. Second, meiotic drive can favor the evolution of increased recombination in females. There is growing evidence for female drive in diverse animals and plants. Models show, however, that drive can only favor changes in recombination under quite limited conditions. Furthermore, meiotic drive is unaffected by male recombination, so other factors are required to explain why recombination differs between males and females. Third, sexual selection during the haploid stage may drive sex differences in recombination in plants but is unlikely to affect landscapes in animals. Fourth, the necessity of COs to prevent aneuploidy can contribute to the typical landscapes. If decreased recombination in males is favored for any reason, localizing COs at the chromosome tips will minimize the recombination they cause. Finally, a variety of evolutionary forces may favor a certain sex-averaged recombination rate (which can vary across the genome; Otto 2009). If one or more of the first three factors favor sex-specific changes in recombination, this last factor could inhibit recombination in the other sex from following along as a correlated response, thus leading to sex differences in the recombination landscape.

In sum, none of the mechanistic or adaptive hypotheses by themselves offer a compelling explanation for sex differences in recombination that appear to be widespread across eukaryotes. At present, it seems that some combination of these hypotheses (or some as-yet-unknown factor) is responsible.

Regardless of how and why sexual dimorphism in the recombination landscape has evolved, it has major consequences for the study of evolution that remain underappreciated. They likely play key roles in the adaptive evolution of recombination, can potentially influence the outcome of hybridization and population differentiation, and can have dramatic effects on sex chromosome evolution and the resolution of SA selection. These considerations indicate that it may often be most useful to consider recombination in males and females as independent features of the genome and to incorporate those differences into evolutionary theory.

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