

1 **Eco-evolutionary feedback promotes Red Queen dynamics**
2 **and selects for sex in predator populations**

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18 **Abstract**

19 Although numerous hypotheses exist to explain the overwhelming presence of sexual
20 reproduction across the tree of life, we still cannot explain its prevalence when considering
21 all inherent costs involved. The Red Queen hypothesis states that sex is maintained
22 because it can create novel genotypes with a selective advantage. This occurs when the
23 interactions between species induce frequent environmental change. Here we investigate
24 whether coevolution and eco-evolutionary feedback dynamics in a predator-prey system
25 allows for indirect selection and maintenance of sexual reproduction in the predator.
26 Combining models and chemostat experiments of a rotifer-algae system we show a
27 continuous feedback between population and trait change along with recurrent shifts from
28 selection by predation and competition for a limited resource. We found that a high
29 propensity for sex was indirectly selected and was maintained in rotifer populations within
30 environments containing these eco-evolutionary dynamics; whereas within environments
31 under constant conditions, predators evolved rapidly to lower levels of sex. Thus, our results
32 indicate that the influence of eco-evolutionary feedback dynamics on the overall evolutionary
33 change has been underestimated.

34

35 Introduction

36 Sexual reproduction is almost universal while its inherent costs have made its maintenance
37 difficult to explain (Maynard Smith 1978; Bell 1982). One major hypothesis for the evolution
38 of sex suggests that the benefits of sex outweigh its costs when populations are adapting to
39 novel environments (Weismann 1889; Maynard Smith 1988; Charlesworth 1993). Empirical
40 studies testing this hypothesis showed however that when conditions are not frequently
41 changing, the advantage of sex or outcrossing is brief on an evolutionary time scale. For
42 example, sex or outcrossing rates increased during adaptation to novel environmental
43 conditions but then declined when populations were close to a new fitness plateau after 10-
44 30 generations (Morran et al. 2011; Becks and Agrawal 2012). Thus frequent environmental
45 changes have been suggested as one key factor for the maintenance of sex on longer time
46 scales. Indeed, major hypotheses on the evolution of sex and many of the pluralistic
47 approaches focus on changing biotic or abiotic environments over space (Agrawal 2009b;
48 Becks and Agrawal 2010) or time (Van Valen 1973; Hamilton 1980; Bell 1982; Otto and
49 Nuismer 2004).

50 One particular hypothesis (Red Queen Hypothesis) suggests that coevolution of
51 species can drive the evolution of sex through negative frequency dependent selection (Van
52 Valen 1973; Jaenike 1978; Bell 1982). With recurrent environmental change stemming from
53 Red Queen dynamics, populations are frequently moved away from fitness optima and must
54 adapt to novel environmental conditions. Sexual reproduction is then maintained under these
55 conditions because a modifier locus, that determines higher genetic mixing rates (i.e., the
56 rate of sex, selfing and/or recombination; (Nei 1967)) hitchhikes with alleles under positive
57 selection. To date, however, almost all theoretical and all empirical studies on the Red
58 Queen hypothesis have focused on host-parasite interactions; minimal to no consideration
59 has been given to other victim-exploiter system, such as predator-prey (but see Jaenike

60 1978; Bell 1982). Predator-prey interactions are a key ecological process often leading to
61 fluctuating environments. Fluctuations from edible to inedible prey as the result of selection
62 by predation, and back to edible prey, are well documented e.g. in aquatic systems (e.g.,
63 Hairston et al. 1999; Walsh and Post 2011). Thus, exploring other victim-exploiter systems
64 should be important for a broader understanding of the maintenance of sexual reproduction.

65 Herein, we explore the role of predator-prey interactions for the maintenance of sex.
66 We propose that eco-evolutionary feedback dynamics can create the recurrent
67 environmental changes that select indirectly for the maintenance of sex in a predator
68 population. Previous work with predator-prey systems showed that eco-evolutionary
69 feedback dynamics occur for prey populations with intraspecific trait variation (Abrams and
70 Matsuda 1997; Yoshida et al. 2003; Becks et al. 2012). This variation is observed as a trade-
71 off between their competitive ability for nutrients and defensive ability against predation (Fig.
72 1A). As a result the predators experience a fluctuating environment of defended and
73 undefended prey: an increase in the predator population select for increases in the
74 frequency of the defended prey. The high frequency of the defended prey in return leads to
75 decreasing predators, which selects for faster growing but undefended prey through
76 competition for resources, and so on (Fig. 1 B,C). Note that the evolutionary change
77 considered here and elsewhere (e.g., Yoshida et al. 2003) is the change in frequency of two
78 genotypes due to selection. It is thus the switch between selection by predation and
79 competition for a limited resource that drives the changes in the predators' environment (Fig.
80 1C). They occur without, as well as with, coevolutionary change in the predator (Fig. 1D-F).
81 Thus these conditions differ from other coevolutionary and epidemiological models for
82 species interactions (e.g. Lively 2010). Hence, providing a distinct, but so far unconsidered
83 scenario under which the Red-Queen conditions could select for sex.

84 Here, we test whether sexual reproduction of predators is beneficial when the

85 environment changes repeatedly from one prey type to the other. We use a series of model
86 simulations and experiments with rotifer-algal systems with the rotifer *Brachionus calyciflorus*
87 as predator and the green algae *Chlamydomonas reinhardtii* as prey. Previous experiments
88 with this rotifer-algal system showed eco-evolutionary feedback dynamics for genetically
89 variable algal population (Jones et al. 2009; Becks et al. 2010; Becks et al. 2012). The prey
90 population consisted of a *colonial* algae clone, which pose a defense against grazing by the
91 rotifer, and a *single-celled* algae clone, which is undefended but faster growing compared to
92 the *colonial* algae. Previously, the rotifer populations were genetically homogeneous and
93 obligately asexual (Fussmann et al. 2003) without a possibility to adapt to the fluctuations in
94 the prey types. Here, we use a genetically diverse and facultative sexual rotifer population
95 allowing for coevolution as well as for sexual reproduction. *B. calyciflorus* are cyclic
96 parthenogenetic and reproduce predominantly by ameiotic parthenogenesis (Gilbert 1963).
97 Sexual reproduction (mixis) in these rotifers is density dependent, with heritable variation in
98 the response to various densities (Becks and Agrawal 2010). Asexual (amictic) females
99 produce diploid eggs, whereas, sexual females produce haploid males, and diploid resting
100 eggs after fertilization. Previous experiments with the rotifers *Brachionus calyciflorus* showed
101 that directional selection during adaptation to novel conditions result indeed in indirect
102 selection for higher rates of sex within populations (Becks and Agrawal 2012) despite the
103 costs associated with sex. An asexual generation of this *B. calyciflorus* population requires
104 about 1.5 days and a sexual about 4.5 days (+ 1.5 days for an additional asexual
105 generation). Thus one major cost for sexual reproduction in these rotifers is the significantly
106 longer time for a reproduction cycle.

107 For a comprehensive study, we use both theoretical and empirical methods. We
108 designed agent based models to test i) whether recurrent change of different prey (algae)
109 types select indirectly for the maintenance of sex in a predator population and ii) whether

110 eco-evolutionary feedback dynamics with coevolution of predator and prey can create these
111 recurrent changes and select indirectly for the longer maintenance of sex in the predator. We
112 then ran chemostat experiments using the *Brachionus-Chlamydomonas* system to test the
113 model results. Our experimental setup involves conditions where rotifers and algae are
114 coevolving (hereafter: coevolving) and where coevolution was suppressed but rotifers were
115 free to evolve (hereafter: non-coevolving). From the chemostat experiments, we recorded
116 changes in the propensity for sex — the rate of sex within a population. We finally discuss
117 alternative explanations to the Red Queen hypothesis that could be at work here, namely
118 differences in the number of niches (Tangled Bank Theory (Bell 1982), the Hill Robertson
119 effect (Hill and Robertson 1966; Felsenstein 1974), selection for dormancy rather than
120 sexual reproduction, and population size differences.

121 **Methods**

122 *Eco-evolutionary feedback model.* We build on a model where eco-evolutionary
123 feedback dynamics in one predator and evolving prey system result in unique
124 dynamics of predator and prey populations compared to classical predator-prey
125 systems (Yoshida et al. 2003; Becks et al. 2010; Becks et al. 2012). The 'classical'
126 system is without evolution in the prey and results in short cycles with a phase shift
127 of a quarter of a period between predator and prey. On the other hand this 'eco-evo'
128 model results in increased cycle length and predator and prey cycle almost out of
129 phase. The 'eco-evo' model was parameterized for the *Brachionus-Chlamydomonas*
130 system (Becks et al. 2010) and describes the dynamics of nitrogen N , two algae
131 types A_i ($i=1,2$), two rotifer types R_j ($j=1,2$) and senescent rotifers S_j in a chemostat
132 system (with only one predator present: $j=1$). The prey types are assumed to be two

133 genotypes within a single species, differing in their 'palatability', p_i^j that determines
 134 their relative risk of being attacked and consumed by specific predator types, and
 135 their ability to compete for nitrogen, K_A^i . We considered two cases, either one
 136 predator or two predator types present in the system. For the case with one predator
 137 type, we modeled the two prey types in such a way that one prey type is the superior
 138 competitor but not defended against the predator ('single-celled algae'; $p_1^1 = 1$ and
 139 $K_A^1 = 8$) and the other prey type is the inferior competitor but defended ('colonial
 140 algae'; $p_2^1 = 0.1$ and $K_A^2 = 2.2$). For the case with two predators, parameter estimates
 141 are based on experimental data, that one predator type is adapted to one prey type
 142 ('colonial algae') and not so much to the other prey type ('single-celled algae'; $p_1^1 =$
 143 0.1 and $p_2^1 = 1$), and vice versa ('colonial algae': $p_1^2 = 0.1$ and $p_2^2 = 1$). Our model can
 144 be represented by the following system of equations:

$$\frac{dN}{dt} = \delta(N_{stock} - N) - \sum_i \frac{p_i^j A_i N}{K_A^i + N}$$

$$\frac{dA_i}{dt} = A_i \left[\frac{X_A p_i N}{K_A^i + N} - \frac{p_i^j G (R_j + S_j)}{K_R^j + \max(Q^j, Q^{j*})} - \delta \right]$$

$$\frac{dR_j}{dt} = R_j \left(\frac{X_R G Q^j}{K_R^j + \max(Q^j, Q^{j*})} - m - \delta - \lambda \right)$$

$$\frac{dS_j}{dt} = \lambda R_j - (\delta + m) S_j$$

145 where X_R is the rotifer conversion, K_R^j is the rotifer half saturation constants and G is the
 146 rotifer grazing parameter. $Q^j = p_1^j A_1 + p_2^j A_2$ and defines the total amount of 'prey quality' as
 147 perceived by the rotifer j with p_i^j as the weights for the respective prey types. The critical

148 level Q^{j*} determines when the rotifer functional response changes from linear to type II.
149 Results from our model simulations are presented in Figure 1 and parameter values in Table
150 1.

151 *Evolution of sex - model.* Agent based stochastic model where each rotifer is defined by a
152 food locus (f) and a sex modifier locus (τ). The f locus determines the rotifer's ability to
153 catch (or select) a particular algae type. The τ locus determines if the rotifer will enter a
154 sexual or asexual cycle: a rotifer switches from producing only asexual (amictic) individuals
155 to sexual (mictic) ones when stimulated with respect to the population density (τ defines the
156 density threshold in proportion to a set maximum population size R_{max}). Each day rotifers
157 caught prey depending on their genotype and the prey present at that time point. In order to
158 ensure the effects observed are driven by sex we simulated under no or low mutation
159 rates - all offspring genotypes were subjected to low mutations with probability μ at each
160 locus. In our simulations we assumed two alleles for the food locus to keep the model as
161 minimal as possible while representing the food web described above (Fig. 1D). For the sex
162 modifier locus, we assumed five alleles. This reflects the modifier approach (Nei 1967)
163 where intermediate rates of sex are possible beside obligate asexual and sexual
164 reproduction and is based on initial parameter exploration (we chose 5 alleles for the
165 modifier locus to capture the observation seen in Fig S3). Rotifers are diploid organisms and
166 thus the variation results from these allelic combinations. For simplicity we assumed that
167 allele interaction is driven by dominance – heterozygotes exhibit the same phenotype as the
168 homozygote dominant genotype. For example, for the food locus with 2 alleles we consider
169 f_1 to dominate f_2 so individuals with f_1f_2 would behave the same as f_1f_1 . We also allow for
170 random assortment between the food and sex modifier loci during gamete production.
171 Simulations were initialized with a mixed population of size R (population size was not fixed),
172 composed of only asexual individuals and we simulated 1000 days (>70 generations). We

173 considered environmental conditions altered exogenously (Fig. 2A-B) and through eco-
 174 evolutionary feedback dynamics (Fig. 2C-D).

175 Exogenous switching occurred by alternating algae densities in intervals of σ ,
 176 whereas eco-evolutionary feedback dynamics occurred when the frequency of the algae
 177 types could change directly from predator-prey interactions, such as grazing and
 178 competition. The amount of algae caught per rotifer was determined using the following
 179 equation:

$$\Delta a_i = a_{i_max} \left[\frac{a_i}{K_A^i + \max(a_i, a_T)} \right]$$

180 Algae types varied in defensive a_{i_max} and competitive C_i traits; this is necessary in order to
 181 capture the observed trade-off between their competitiveness (doubling rate) and defensive
 182 ability against predation. Each algal type was describe by two parameters (a_{i_max} , C_i), and
 183 these determined how much the rotifer can feed and how fast each algal type can reproduce
 184 (in this model we defined competitiveness as a measure of reproductive rate). The algal
 185 population also depended on the parameters a_T and K_A^i , the threshold of the population and
 186 the half saturation constant, respectively. Thus, using these equations the algae population
 187 evolved as a result of selective pressure from competition between the types and rotifer
 188 grazing. This simple set up allows us to coevolve these two populations and test the effects
 189 of algal defense and competition on the maintenance of sex in rotifers.

190 *Chemostat experiments.* All experiments were carried out in chemostats with a dilution (flow-
 191 through) rate of 0.3 d^{-1} , i.e. 30% of the populations in the chemostat including nutrients,
 192 algae, rotifers and eggs were replaced each day by fresh medium (Fig. S2; (Fussmann et al.
 193 2000; Becks et al. 2010)). The coevolution environments were established in one-stage
 194 chemostat systems, containing both the rotifers and the *single-celled* and *colonial* algae

195 clones. Chemostats were inoculated with two strains of the algae *Chlamydomonas*
196 *reinhardtii*; one strain grows mostly as single cells or small colonies of 2-7 cells (University of
197 Texas Culture Collection UTEX no. 1009), hereafter *single-celled* algae (*Chlamydomonas*
198 usually undergoes two mitotic divisions before daughter cells are released). The second
199 strain grows in colonies of 8-138 cells (hereafter: *colonial* algae), which was isolated from a
200 culture where the UTEX 1009 strain grew together with the rotifer for 6 months. The non-
201 coevolution environments were established in two-stage chemostats to separate algal and
202 rotifer growth as *Chlamydomonas* consistently evolves some level of defense after 1-4
203 weeks in the presence of rotifers (Becks et al. 2010; Woltermann and Becks *unpublished*
204 *data* 2014). Therefore, algae grew to steady state densities in first stage chemostats with the
205 same resource levels as in the coevolution treatment and rotifers in second stage
206 chemostats received a constant amount of alga. The second stage chemostats did not
207 receive any additional nutrients. Thus, algal growth and evolution were constrained in the
208 presence of rotifers, maintaining a constant trait in the algae population.

209 We used *Brachionus calyciflorus* from stock cultures to inoculate both the one stage
210 and second stage chemostats. Our *B. calyciflorus* stock was derived from field-collected
211 resting eggs (Becks and Agrawal 2011). Whereas resting eggs of *B. calyciflorus* usually
212 undergo dormancy and hatching from resting eggs is delayed significantly for days and
213 weeks, this rotifer stock is atypical as asexual females hatch within a few days after laying.
214 This rotifer stock was kept at low densities with low amounts of sex and large population
215 sizes (>500 individuals), refreshed in regular intervals by resting eggs (every 4-8 weeks;
216 stored at 4°C), and fed regularly with single-celled *Chlamydomonas*. The laboratory stock
217 population exhibited considerable genetic variation for the mixis stimulus (Fig. S3) and for
218 fitness-associated traits (measured as lifetime reproduction per female) on *single-celled* and
219 *colonial* algae (Fig. S5) when measured at the start of the experiment (Fig. S4). Densities of

220 rotifers (females and males), number of asexually produced and sexually produced eggs
221 (resting eggs), algae density and colony size (number of cells per colony) were determined
222 daily using subsamples taken from the chemostats. For estimating the cycle length, we
223 counted the days between maxima (insufficient cycles for a statistical analysis of the cycle
224 length). Chemostats were sampled daily for 9 weeks. To test for the long-term maintenance
225 of sex, chemostats ran for 6 additional weeks, with sampling in weeks 12-14. Rotifers in one
226 of the one-stage chemostat became extinct within the first two weeks and thus data
227 collection was halted. A second set of non-coevolution chemostats was started at a later
228 time point from the same rotifer stock, this time using the *colonial* algae strain in the first
229 stage chemostats. Within each environment, we started with five replicates, a total of 15
230 chemostats. For an overview of the experiments and evolution assays, see Figure S6.

231 *Evolutionary dynamics*

232 *Rotifer fitness.* Every second week, 24 clones were isolated from each population,
233 transferred individually to test plates containing 1 ml *single-celled* algae and then lifetime
234 reproduction (fitness) of 1-4 neonates of the 3rd generation after isolation was measured with
235 *single-celled* algae and 1-4 neonates of the same isolated genotype on *colonial* algae (all
236 algae concentrations: 150,000 cells/ml). Rotifer genotypes that had a higher fitness on
237 *single-celled* algae were regarded as being better adapted to *single-celled* algae.

238 *Frequency of sex.* Switching to sexual reproduction (mixis) in *B. calyciflorus* is density
239 dependent with heritable variation for the density, which induces mixis. We used this genetic
240 variation in the sensitivity to switching as a measure for the rate of sex (= propensity for sex).
241 42 individuals were isolated and one neonate of the surviving 3rd generation after isolation
242 was individually transferred to a single well. Density of rotifers were monitored every ~24h
243 until the first male occurred. This density was used as an estimate for propensity of sexual

244 reproduction (Aparici et al. 2001; Becks and Agrawal 2013). A clone that starts producing
245 males at a lower density is considered to have a higher propensity for sex.

246 *Data analysis*

247 Statistical analyses were performed in R (Team 2010) using the lme4 package (Bates and
248 Maechler 2010). We used a linear model to test for a change in average number of
249 cells/colony in the non-coevolution treatment (day>10). Amplitudes of the average number of
250 cells/colony (maximum - minimum) from non-coevolution and coevolution treatments were
251 compared using a Welch Two Sample t-tests. We applied linear mixed models with food
252 (*single-celled* or *colonial* algae), environment (non-coevolution or coevolution) and week as
253 fixed, and clone nested within replicated population as random effect to analyse the lifetime
254 reproduction data. To test for differential adaptation on *single-celled* or *colonial* algae within
255 the non-coevolution and coevolution environment, we analysed the data also using
256 environment specific generalized mixed models with week and food as fixed effects and
257 clone nested within replicated population as random. As not all tested clones survived the
258 first two generations before measuring lifetime reproduction, we also analysed survival of
259 isolated clones till the 3rd generation. Therefore, a generalized linear model was used to test
260 for the effects of treatment and week using the number of surviving clones out of all clones
261 (GLM with proportion data). Differences among environments in the mixis inducing female
262 densities were tested using GLMMs (with Poisson error distribution) with environment, week
263 and their interaction as fixed and replicate nested within environment as random factor. For
264 the comparison of the in-situ sex rates (percentage of resting eggs out of all diploid eggs),
265 we used environment (non-coevolution or coevolution) as fixed and replicated population
266 within environment as random factor. Based on the fitness data suggesting that non-
267 coevolution populations were adapted after 3 weeks, we analyzed the data for days 1-24
268 and days 25-66, as well as days 88-103 separately. We used cross-correlations for

269 identification of significant time lags between change in the rotifers' inducibility threshold and
270 the algal defense trait. The time lag was used to determine for which the cross-correlation
271 between the two data sets is maximized and significant at the 5% level (coevolving: day 2;
272 non-evolving: n.s.). We then assumed a delay of 2 days to test for a correlation of
273 evolutionary change in prey populations (change in the prey defense trait) with later changes
274 in the in-situ sex rates (GLMM with replicated population as random factor). We applied the
275 same procedure for the correlation between the in-situ rate of sex and population growth
276 rate. We did not find significant time lag for the coevolution environment (GLMM: $\chi^2=0.37$,
277 $df=1$, $p=0.544$). We used linear models, to test for the correlation between fraction of rotifers
278 adapted to single-celled algae and differences between the two environments.

279 Results

280 *Evolution of sex - model.* We used an agent based model specific to the rotifer life cycle that
281 reflects the actual costs associated with sexual reproduction. We explored the conditions
282 that select for the maintenance of sex in the predator population with two algae types
283 differing in their defense against predation and competitive ability. We illustrate how different
284 model and parameter settings affect the maintenance of sex by showing the frequency of
285 simulations in which sex was maintained until the end (Fig. 2). Simulations show that under
286 constant environmental conditions do not maintain sexual reproduction in the rotifer
287 populations (Fig. 2B, orange point). Furthermore, varying the maximum population size of
288 the rotifer with constant food environments had a negative effect; sexual reproduction was
289 lost increasingly faster with smaller population sizes (average last day sex observed:
290 population size 10: day 0; 100: day 25; 1000: day 42). However, with two prey types
291 oscillating driven by extrinsic forces, we found that sexual females were maintained more
292 frequently in the population with increasing switch intervals σ . When switches were too rare,
293 sexual reproduction was more often lost. Additionally we tested whether it is the change in

294 the frequency of the two algae types or just the fluctuations in the population size of one
295 algae type that allows for the maintenance of sex in the rotifers. For this we ran simulations
296 with a single algae type, where its population size fluctuated with intervals σ at 80% and
297 20% densities. In such a scenario, sex was only found for small σ (Fig. 2B); for larger
298 intervals σ sexual reproduction was not observed at all. In another set of simulations we
299 tested if the presence of two algae types, but without fluctuations allows the maintenance of
300 sex in the rotifers. We found that sex was not maintained when there was no temporal
301 change in the frequency of the algae types (Fig. S15).

302 In the next step, we removed the exogenous switch of the algae types and allowed
303 for a change in algae frequency directly through grazing and competition. For this, each algal
304 type was described by two traits - $a_{i,max}$ (level of defense) and C_i , (maximum growth rate) - to
305 account for the trade-off between defense and competitiveness that allow for eco-
306 evolutionary feedback dynamics. With eco-evolutionary dynamics, the frequency of
307 simulations where sex was favored and maintained were higher when the competition
308 between the prey types was high ($C_1 < 2.5$). As the cycle length of predator and the prey
309 types depends on the trade-off in the prey population, we observed an increase in the
310 selection of sex for $C_1 < 2.5$. Because our simulations are stochastic we compare outcomes
311 we can only infer if the frequency of sex increased (more often) or decreased (less often)
312 from random. The abrupt drop in the simulations with sex being maintained more often for C_1
313 > 2.5 results from the break down of the eco-evolutionary feedback dynamics when the
314 defense becomes cheaper (Jones and Ellner 2004, 2007). Thus, eco-evolutionary dynamics
315 in predator-prey systems can select for sexual reproduction in the predator given that there
316 is a strong trade-off between competitiveness for limiting resources and defense in the prey
317 population. Note that sex is maintained here through its linkage to selected food locus (f)
318 given that the sex modifier locus has no direct fitness effect.

319 *Eco-evolutionary dynamics - experiments.* We tested the model predictions on eco-
320 evolutionary dynamics with coevolution in replicated chemostat experiments and we found
321 that, similar to the model predictions (Fig. 1E), predator and prey cycled out of phase (Figs.
322 3E,F, S7, S9), indicating eco-evolutionary feedback dynamics (Hiltunen et al. 2014). We also
323 observed changes in the frequency of the two algae types here measured as the average
324 number of cells per colony (defense trait, Figs. 3, S7, S9, S11) with a cycle length of ~25
325 days (=6-17 rotifer generations). Furthermore, we observed the cyclic (time-lag) relation
326 between changes in the defense trait and the predator density (Fig. 3F).

327 In contrast and as by experimental design, the algae defense trait did not change in
328 the non-coevolution environments with *single-celled* algae (Figs. 3, S8, S10, S12; linear
329 model for colony size~time: $F = 1.612$, $df = 1$, $p = 0.205$) and without any correlation between
330 the defense trait and the predator-population sizes. Under these experimental conditions, we
331 also observed different population dynamics compared to the coevolving environments;
332 short cycles in all replicates at the beginning of the experiment and after week ~5 some
333 populations were more stable (Figs. 3B, S8, S10) while others showed continuous
334 oscillations (Figs. 3B, S8, S10).

335 *Rotifer evolution.* To test for evolutionary change in rotifers over time, we isolated individuals
336 from each population at five time points and tested their fitness when grown on *single-celled*
337 or *colonial* algae independent of the environment they evolved in. To minimize
338 environmentally induced effects rather than heritable changes, we measured fitness two
339 generations after isolation and maintenance in standardized conditions. Overall, rotifers
340 adapted differentially in both environments and on the different food types over time (LME:
341 food*week*environment: $\chi^2 = 37.50$, $df = 3$, $p = 3.6 \times 10^{-8}$; environment: $\chi^2 = 55.68$, $df = 4$,
342 $p = 2.34 \times 10^{-11}$; food: $\chi^2 = 71.23$, $df = 4$, $p = 1.28 \times 10^{-14}$; week: $\chi^2 = 43.57$, $df = 4$, $p = 7.87 \times 10^{-9}$) and a
343 new fitness optimum was reached after 3-5 weeks. Within the non-coevolution environment,

344 the averaged estimates of individual rotifer fitness showed a significant increase over time
345 when grown on *single-celled* algae in the coevolution but not on *colonial* algae (Fig. 4B,E;
346 LME: week*food: $\chi^2=8.53$, df= 1, p=0.0025; food: $\chi^2=66.84$, df= 2, p=3.07*e⁻¹⁵; week:
347 $\chi^2=9.69$, df= 2, p=0.008). Rotifers from the coevolution environments had similar fitness
348 increases over time on both *colonial* and *single-celled* algae (Fig. 4B,E; LME: week*food:
349 $\chi^2=0.015$, df= 1, p=0.90; food: $\chi^2=0.006$, df= 1, p=0.94; week: $\chi^2=33.89$, df= 1, p=5.84*e⁻⁹).
350 We observed, however, fluctuations in the frequency of rotifers having a higher fitness on
351 *single-celled* algae over time. Furthermore, the fraction of *single-celled* algae correlated with
352 rotifers having a higher fitness on *single-celled* algae in the coevolving environments, but not
353 in the non-coevolving environments (LM: non-coevolution vs. coevolution: F=22.7, df=1,
354 p=4.5*e⁻⁵; Fraction *single-celled* algae vs. frequency rotifers adapted to *single celled* algae in
355 the coevolution environments: F=7.53, df=1,p=0.01; Figs. S9,S10). We also tested for
356 survival as a fitness component and found no difference between environments but that
357 survival increased over time (GLM: week*environment: $\chi^2=1.36$ df= 1, p=0.24; environment:
358 $\chi^2=0.34$, df= 1, p=0.56; week: $\chi^2=49.16$, df= 1, p=2.35*e⁻¹²).

359 *Evolution of propensity for sex - experiments.* The rotifers experienced fluctuating
360 environments with an average cycle lengths of ~25 days in the coevolution environment as a
361 result of the eco-evolutionary feedback (Figs. 3E,F, 4F, S7,S9). The agent based model (Fig.
362 2) predicts that these changes in the prey environment maintain a higher propensity for sex
363 in the predator population in comparison to constant environments (non-coevolution
364 environment). We found that the *in-situ* rate of sex remained at high levels in the coevolution
365 environment where the algae changed from *colonial* to *single-celled* and vice versa.
366 However, these levels dropped significantly in the non-coevolution environment (Fig. 5A;
367 GLMM coevolution versus non-coevolution: days 1-24: $\chi^2=2.39$, df=1, p=0.12; days 25-66:
368 $\chi^2=5.63$, df=1, p=0.018; days 88-103: $\chi^2=10.69$, df=1, p=0.001). Furthermore, we estimated

369 the propensity for sex by recording the density at which individual clones switched to sexual
370 reproduction under standardized conditions. Again, significantly higher propensities for sex
371 occurred in the coevolution environment compared to the non-coevolution environment
372 (GLMM: environment * week: $\chi^2=79.01$ df=2, $p=2.2 \times 10^{-16}$; week: $\chi^2=85.41$ df=3, $p=2.2 \times 10^{-16}$;
373 environment: $\chi^2=238.45$ df=4, $p=2.2 \times 10^{-16}$; Fig. 5B). Additionally, we found a positive
374 correlation between the evolutionary changes in the prey defense trait (change in mean
375 clump size) and the changes in the *in-situ* sex rate in the coevolving environment (GLM:
376 $\chi^2=10.34$, df=1, $p=0.00134$). However, such a correlation was not apparent for the non-
377 coevolution environment (GLM: $\chi^2=0.38$, df=1, $p=0.5641$).

378 As rotifers used for the experiments came from stocks with *single-celled* algae, the
379 introduction of the *colonial* algae could lead to different rates of adaptation between the
380 coevolution and non-coevolution environments. Generally, selection for genetic mixing is
381 most advantageous under high rates of adaptation. However, close to fitness peaks, it is
382 negative or negligible depending on the costs (Morran et al. 2011; Becks and Agrawal 2012).
383 We found a high propensity for sex during adaptation in the coevolution and non-coevolution
384 environments with *single-celled* algae (GLMM: weeks 1-4 non-significant; Fig. 5B; Table S1).
385 They were maintained, however, only in the coevolution environments, even after the
386 populations' average fitness equilibrated after weeks 3-5 (Fig. 4F). If adapting to *colonial*
387 algae would drive the maintenance of sex, the propensity for sex would have decreased
388 after a new fitness peak on *colonial* algae was reached (Becks and Agrawal 2012).
389 Nevertheless, to test if adaptation to just *colonial* algae results in a higher propensity for sex
390 in the coevolution environments we considered a second non-coevolution environment. This
391 was started 4 month after the other two treatments with the *colonial* algae in the first stage
392 chemostats (see Methods). Under this condition, the propensity for sex rapidly declined (Fig.
393 5B; GLMM: $\chi^2=34.58$ df=4, $p=5.67 \times 10^{-7}$), by 5-6 weeks, sex induction was no longer observed

394 (Fig. 5B, Table S1). Thus the observed high level of sex in the coevolving environments is
395 unlikely the result of slower adaptation to the *colonial* algae (but see discussion below).

396 Discussion

397 A key finding of our study is the maintenance of sexual reproduction - measured as the
398 propensity for sex - in the predator population as a result of eco-evolutionary feedback
399 dynamics and fluctuations in the presence of two prey types. There are strong indications
400 that the Red Queen is at work here, as there is a positive correlation between the prey
401 defense traits and the rate of sex. Furthermore, our data show coevolution between algae
402 and rotifers as predicted by Red Queen dynamics: the average fitness of the population
403 stayed constant over time after initial adaptation by the rotifer populations (Fig. 4E), while the
404 frequencies of genotypes (here estimated as algae phenotypes and rotifers being better
405 adapted to *single-celled* algae) fluctuated over time (Figs. 4F, S9). It is worth considering the
406 enormous costs of sex attributed to the time a sexual cycle requires in comparison to an
407 asexual. This underlines the strong selection for sexual reproduction in the rotifer
408 populations under these conditions.

409 The Red-Queen hypothesis proposes that coevolution of species imposes negative
410 frequency dependent selection, which can drive the maintenance of sex (Jaenike 1978;
411 Hamilton 1980). Here, the evolution of an algal defense (i.e., increase in frequency of the
412 *colonial* algae) is followed by an evolutionary change in the rotifers (adaptation to *colonial*
413 algae). In return, these changes in the predator population drove the evolutionary change in
414 the algal prey (increase in *single-celled* algae) and so on. A key mechanism is that the shift
415 in the prey genotypes depends on the feedback between the trade-off in the prey and the
416 predator population dynamics; the advantage of being rare in the algae population became
417 only important after the evolution in the algae itself changed the ecological dynamics

418 (predator densities), causing simultaneously an evolutionary change in the predator.

419 In contrast to the Red Queen Hypothesis, specific variants of the Tangled Bank
420 Theory (Bell 1982) propose that sex is beneficial because sexually produced offspring can
421 use different ecological niches (here the *colonial* and *single-celled* algae), thus reducing sib
422 competition. Such mechanism may be operating if one observes a positive correlation
423 between the genetic mixing rate and offspring number (Burt and Bell 1987); since increasing
424 offspring number also increases competition, and thus, selection for sex. We tested for this
425 relation, by comparing the in-situ rate of sex (Fig. 5A) with the growth rates from the rotifer
426 populations (Fig. 3), and found no correlation (GLMM: coevolution: $\chi^2=0.36$, $df=1$, p
427 $=0.5444$). Hence, we can reject that the Tangled Bank is in effect. Furthermore, additional
428 conditions (Maynard Smith 1976) such as high resource competition, high costs of sex (e.g.
429 an asexual cycle takes only 1.5 days, a sexual 4.5 days) and the lack of reproductive
430 isolation between asexual and sexual rotifers render the Tangled Bank Theory as unlikely in
431 our system. We observed rapid loss of sexual reproduction in the non-coevolving
432 environments with *colonial* algae and we thus refute the idea that slower adaptation to
433 *colonial* algae maintains sex with coevolution. Although our data suggests that the starting
434 populations were similar with respect to fitness related diversity and the propensity for sex, it
435 is important to recognize that the experiment with *colonial* algae was started 4 month after
436 the other two treatments and there could have been differences in the initial rotifer diversity.
437 Our rotifer populations adapted, however, quickly to the *colonial* algae (initially low densities
438 increased within 2-3 weeks to equal densities as in the non-coevolution environments with
439 *single-celled* algae; Fig. S13) and the propensity for sex followed the same trend when
440 comparing with the two non-coevolving with *single-celled* algae and the coevolving
441 environments (lower in week 1 but was similar in week 2; Table S1).

442 Another possible mechanism maintaining higher propensities for sex in the
443 coevolving environments is the Hill-Robertson effect. In finite populations and with selection
444 acting simultaneously at more than one locus, recombination can break down unfavourable
445 linkage between sites under selection (e.g. negative linkage disequilibrium where beneficial
446 and detrimental are in linkage) (Hill and Robertson 1966; Felsenstein 1974) and increase the
447 efficacy of natural selection. Our agent based model (Fig. 2) assumes only one locus that
448 determines rotifer fitness and there is no information of the genetic basis for adaptation in
449 rotifers. The role of the Hill-Robertson effect for our finding is thus not clear. It is also
450 possible that the presence of the two prey types selects for sex through mechanisms other
451 than antagonistic coevolution (Dolgin and Otto 2003; Roze 2014). However, our model
452 simulations show that sex is only maintained when the two food types fluctuate in their
453 frequency either through external forcing (Fig. 2A) or the eco-evolutionary feedback (Fig.
454 2B). Nonetheless, future work is necessary to identify the exact underlying mechanism.

455 Selection for dormancy and differences in population sizes are two other potential
456 mechanisms that could explain the observed differences in the rate of sex. Sexual
457 reproduction in rotifers results in the production of resting stages and thus the differences in
458 the maintenance of sex could alternatively be explained by selection for dormancy. We can
459 reject this alternative explanation, as experiments were conducted in chemostats with an
460 exchange rate of 30% per day. Dormancy would not be advantageous because more than
461 96% of the resting eggs are washed out within ten days when assuming no hatching from
462 the resting eggs. A cycle in the trait takes ~25 days, thus waiting till the times when
463 conditions are favorable again could not be adaptive under these conditions. The dilution
464 does however add substantially to the cost of sexual reproduction, as delayed hatching can
465 increase the probability resting eggs will be washed out. In *Brachionus*, the switch to sexual
466 reproduction is density dependent and rotifer densities were on average higher in both non-

467 coevolving environments. Selection for lower propensities for sex and thus higher rotifer
468 densities required for inducing sex could also evolve through selection against induction at
469 low densities in the non-coevolving environments. Our agent based model (Fig. 2a) shows,
470 however, that as population size decreases in constant environments, sex is lost even
471 quicker. This result needs, however, to be tested experimentally to fully reject this alternative
472 mechanism.

473 As with all other experimental studies on the maintenance of sex, it is not possible to
474 predict whether the higher rates of sex in the coevolving environments would be maintained
475 on the long-term. We observed however, that high rates of sex were maintained even after
476 the initial adaptation in the coevolving environment (weeks 5-6), and were still high when
477 testing again at week 14. Similar to most theories on the maintenance of sex, the proposed
478 mechanism of continuous adaptation of rotifers to the changes in the prey types would break
479 down, as soon as there would be two asexual predator clones specialized on either prey
480 type.

481 The agent based model used here, is clearly simplified as it considers only one locus
482 for the adaptation to the different food types and considers only the effects of segregation
483 and recombination between the food and sex modifier locus. However, it is important to note
484 that our model allowed us to disentangle multiple factors such as population size, single or
485 coevolving populations, fluctuating environments, and competition. We also did not fix
486 population size and rotifer populations could go extinct. While this stochasticity increased
487 complexity it also added a natural element to the outcome. We refrained from strong forms
488 of dominance (under- or over-dominance), which might change selection for sex (Agrawal
489 and Otto 2006; Agrawal 2009a). Future work will be needed to test whether the results for
490 selection of sex are the same when adding other fitness related loci and disentangling the
491 effects of segregation and recombination.

492 Our study shows that rotifers coevolved with the algal prey over time and the
493 frequency of rotifer clones better adapted to *single-celled* algae fluctuated over time similar
494 to our model predictions (Figs. 1c,d). We found that the average fitness estimates were
495 initially low in both environments and on both algae (Fig. S14 a,f; week 1). Average fitness
496 increased rapidly when measured on *single-celled* algae in both environments. Average
497 fitness on *colonial* algae stayed low in the non-coevolution environments (Fig. S14 g-h),
498 whereas in the coevolution environments it increased and remained high (Fig. S14 b-e). The
499 initial low fitness of rotifers in both environments is most likely due to genetic mixing (rates of
500 sex are high during the first three weeks in both environments; Fig. 5), adaptation to the
501 chemostat environment, and adaptation to the *colonial* algae in the coevolution environment.
502 In well-adapted populations, genetic mixing can recreate bad combinations of alleles that
503 have been eliminated by past selection, reducing mean fitness (Lynch and Deng 1994). This
504 genetic slippage is most likely also responsible for the reduction in variance of fitness (most
505 noticeable after week 3; Fig. S14). Although, identifying the mechanisms of adaptation in the
506 rotifers was not the aim of this study, we considered potential pathways. For instance,
507 adaptations to *colonial* algae may be behavioral, e.g. a reduction in handling time, or
508 adaptations to food quality, e.g. changes in the carbon to nitrogen ratios (5.1 ± 0.19 and
509 8.37 ± 1.94 for *single-celled* and *colonial* algae respectively; $n=3$). On the other hand,
510 morphological changes, such as widening of the mouth opening, are unlikely since rotifers
511 are eutelic. Future work will be needed to identify the specific adaptation.

512 Conclusion

513 The Red Queen hypothesis is a prominent explanation for the prevalence of sexual
514 reproduction. However, until now experimental tests for the maintenance of sex (outcrossing,
515 selfing, or recombination) have been limited to host-parasite systems. We show here that
516 antagonistic coevolution can select for sex in predator-prey systems, specifically showing the

517 evolution of sex in the exploiter population. The process we have illuminated here is distinct
518 from other studies in that eco-evolutionary feedback, i.e., the recurrent switch from selection
519 by predation and competition for scarce resources, determines the maintenance of sex.
520 Furthermore, sex evolving in the predator shows that the Red Queen is not restricted to the
521 victim population (see also Howard and Lively 2002). Thus our study broadens the
522 conditions under which antagonistic coevolution can explain the maintenance of sex while
523 also highlighting the importance of the ecological context in which genetic mixing evolves.
524 Indirect selection by eco-evolutionary feedback dynamics plays a major role for evolutionary
525 processes.

526

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619 **Figure 1: Simulations of eco-evolutionary dynamics in a predator-prey system without (A-C) and**
620 **with coevolution (D-E);** scaled population sizes of the total prey (green line), total predator (red
621 line), prey trait (frequency of prey type 1; blue dashed line) and predator type 2 (black dashed line).
622 (C,E) Show the frequency of the prey type 2 as a function of predator density. For model description
623 see Material and Methods and Table 1. A-C) For predator prey systems with evolving prey (here:
624 change in frequency of two prey genotypes), eco-evolutionary feedback dynamics occur when we
625 observe predator and prey cycling out of phase. B) These dynamics are also characterized by a time
626 lag between changes in the predator density and the defense trait (major ecological and
627 evolutionary drivers at different time points). D-F) With coevolution (change in frequency of two
628 prey and two predator genotype), we found that the qualitative dynamics of predator and prey did
629 not change; total prey and predator are cycling out of phase but now with varying cycle length and
630 amplitude. Again, we found a time-lag relation between the changes in the predator density and the
631 frequency of the prey type. The changes in the total predator population size are accompanied by
632 changes in the frequency of the two predator types, but the overall dynamics are driven by the
633 feedback between the changes in total predator density and the trade-off in the prey population.

634 **Figure 2: Maintenance of sexual reproduction in rotifer populations with recurrent changes in**
635 **their prey environment driven by extrinsic changes (top) or eco-evolutionary feedback dynamics**
636 **with coevolution (bottom).** A,B) We used an individual based model specific to the rotifer life cycle
637 with two algae types differing in their defense against predation and competitive ability to test for
638 the conditions that select for sex, here shown as the frequency of simulations where sex was
639 maintained for 1000 days. Extrinsically driven changes between to food types (filled circles) and
640 changes in food density (high=80% and low 20%, open circles; parameters: $f=2$, $\tau=5$, $N=10^2$ $N_{\max}=10^4$
641 $\text{days}=10^3$, lifespan=14 days, $\mu=0.001$; see main text and Methods). Orange point is without any
642 change in the environment for maximum rotifer population sizes of 10, 100, 1000 individuals. C,D)

643 With eco-evolutionary dynamics (C_1 for prey A_1 , varied, while remaining constant for prey A_2 , $C_2=8$;
 644 other parameters: $f=2$, $\tau=5$, $N_A=2 \times 10^5$, $N_r=30$, $N_{R_max}=10^7$, $days=10^3$, $lifespan=14$ days, $\mu=0.0001$, $K_A=$
 645 8×10^4 , $a_T=10^4$, $a_{1_max}=4 \times 10^4$, $a_{2_max}=5 \times 10^4$, $C_2=8$). Frequency of simulations where sex was
 646 maintained for 700, 800, 900, 1000 days (light -> dark grey).

647 **Figure 3: Representative dynamics of rotifer and algal populations in predator-prey chemostat**
 648 **experiments in non-coevolving (top) and coevolving environments (bottom) measured daily.**

649 Predator density (*Brachionus* 10^5 ind/ml; red circles); prey density (*Chlamydomonas* 10^5 cells/ml;
 650 green circles). The plotted curves are smooths of the data using cubic local polynomial regression
 651 with plugin bandwidth selection (Cabrera 2007). Blue lines show the mean defense trait in the algae
 652 (average number of cells/colony). Solid horizontal black lines mark days when males were present.

653 A-C) Non-coevolving environments with constant supply of non-evolving *single-celled* algae
 654 (undefended; see Materials and Methods). D-F) Coevolving environments with eco-evolutionary
 655 feedback (c.f. Fig. 1D-F). B,C,E,F are examples, for other replicates see Fig. S7, S8.

656 **Figure 4: Adaptation of rotifer populations in non-coevolving (A-C) and coevolving environments**

657 **with *single-celled* algae (D-F).** B) Average fitness of rotifers from non-coevolution environments
 658 grown on *single-celled* algae (circle), and grown on *colonial* algae (triangles; $n=5$), C) Representative
 659 dynamics of frequencies of *single-celled* algae and rotifer densities (both scaled to their maximum),
 660 and rotifer clones better adapted to *single-celled* algae in the non-coevolving (same data set as in
 661 Fig. 3B top, other replicates Fig. S10). E) Average fitness of rotifers from the coevolution
 662 environment: grown on *single-celled* algae (diamonds), grown on *colonial* algae (squares) ($n=4$). F)
 663 Representative dynamics of frequencies of *single-celled* algae and rotifer densities (both scaled to
 664 their maximum), and rotifer clones better adapted to *single-celled* algae in the non-coevolving (same
 665 data set as in Fig. 3E bottom, other replicates Fig. S9).

666 **Figure 5: Evolution of the rate of sex in *B. calyciflorus* populations in non-coevolving and**
 667 **coevolving environments.** A) Fraction of sexually derived offspring (=resting eggs) out of total
 668 diploid offspring. Error bars: SD. Right panel: average fractions for the time periods 1-3 shown on top
 669 of the left panel. B) Propensity for sex measured under common assay conditions as the threshold
 670 density required for inducing sexual reproduction (3rd generation after isolation). The non-
 671 coevolution with *colonial* algae environments was started only after the other two; Error bars, 2 SEM
 672 (*: $p < 0.05$; **: $p < 0.01$; for the comparisons non-coevolution *single-celled* algae and coevolution
 673 environment; for statistics see Table S1).

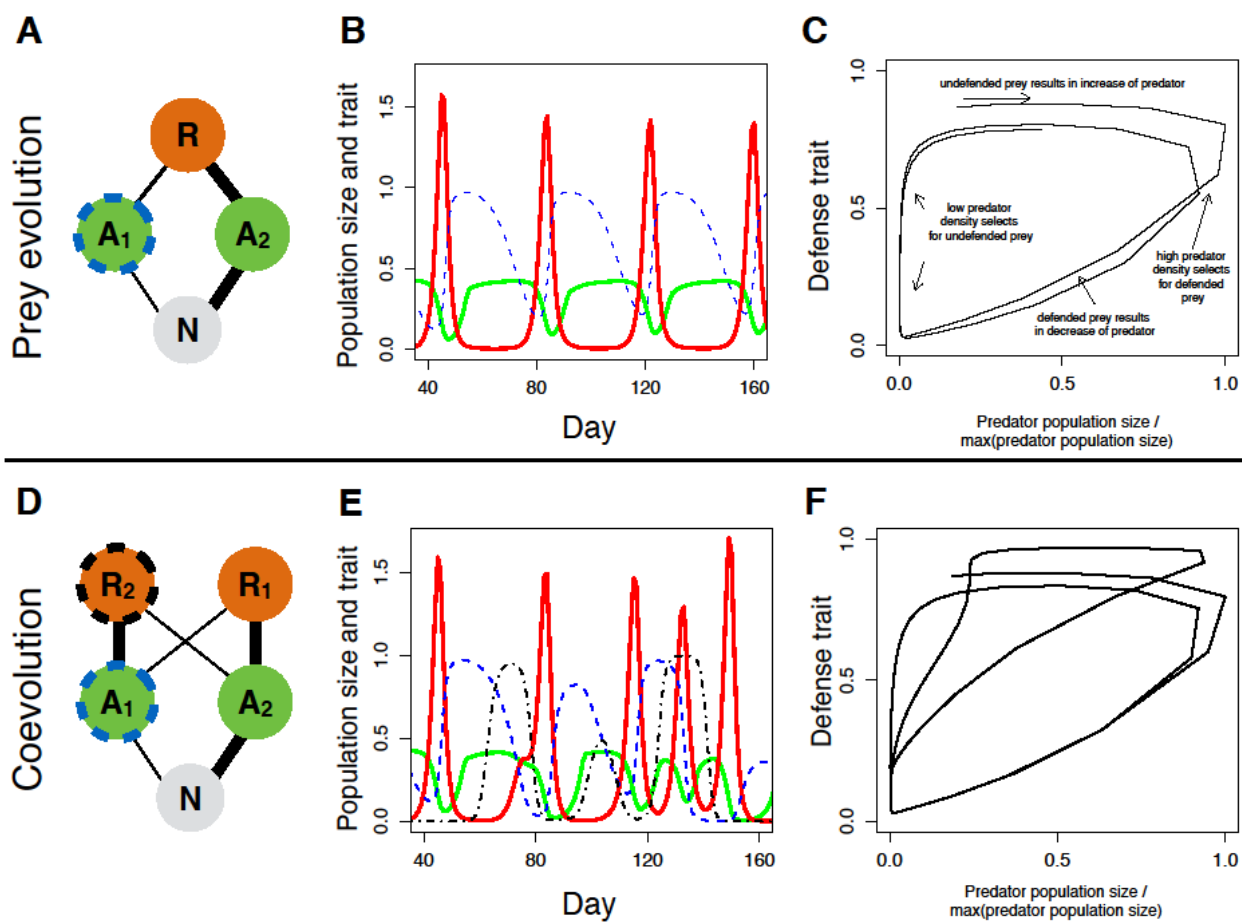
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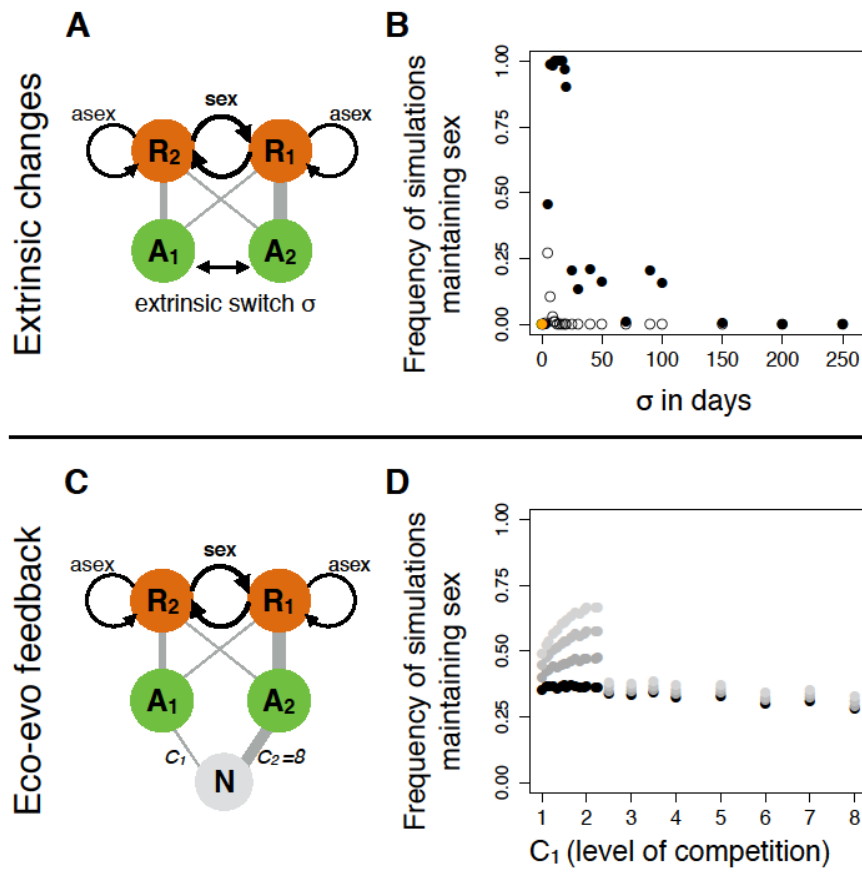
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676 Table 1: Summary of model parameters and values.

Parameter and value	Description
$\delta = 0.3 d^{-1}$	dilution rate of chemostat
$N_{stock} = 160 \mu mol N/l$	limiting nutrient in supplied medium
$0 < p_i^j < 1$	predator specific prey palatability
$K_A^1 = 8; K_A^2 = 2.2$	algae half saturation constant
$K_R^j = 0.15$	rotifer half saturation constant
$Q^{j*} = 50000$	critical prey density for rotifer clearance
$X_A = 0.0027$	algal conversion
$G = 0.011 ml/rotifer/day$	rotifer grazing rate parameter
$m = 0.055 d^{-1}$	rotifer mortality
$\lambda = 0.4 d^{-1}$	rotifer senescence rate
$X_R = 170$	rotifer conversion

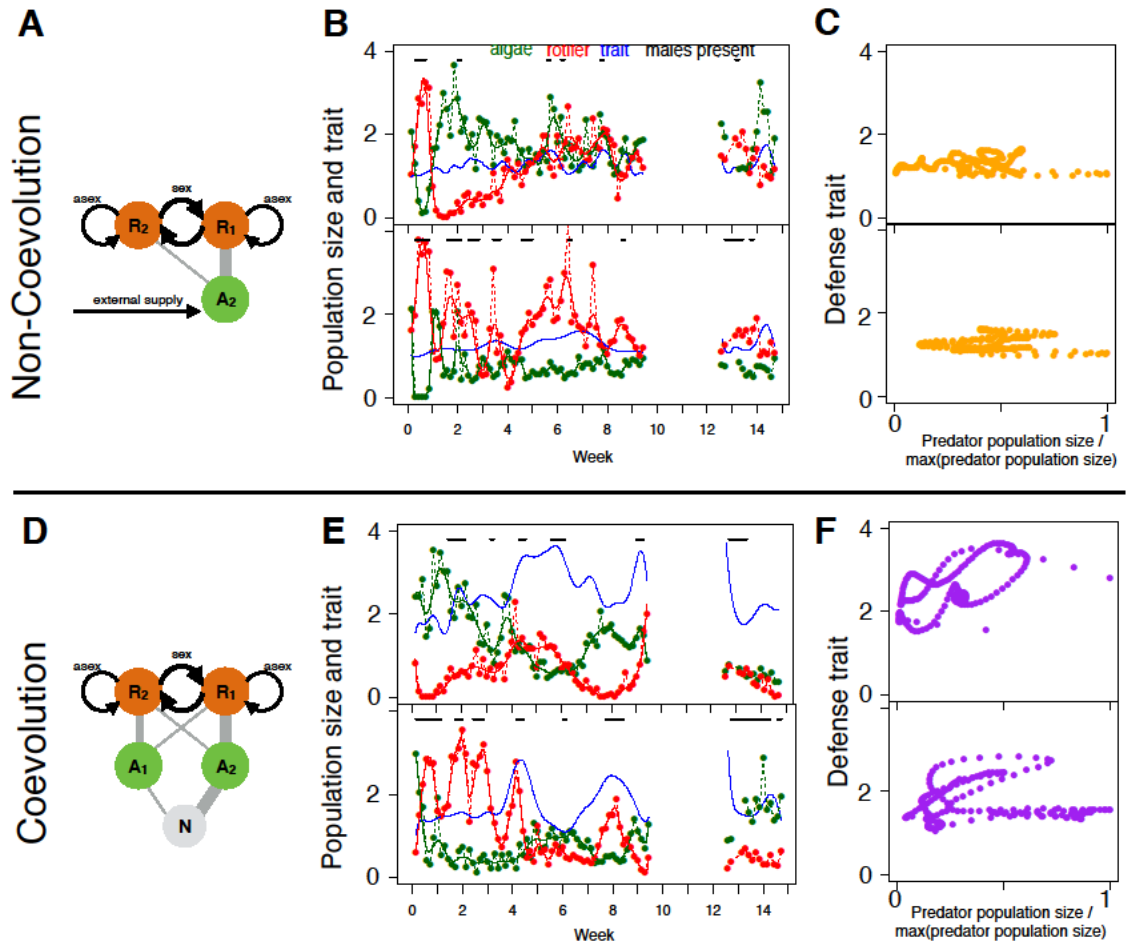
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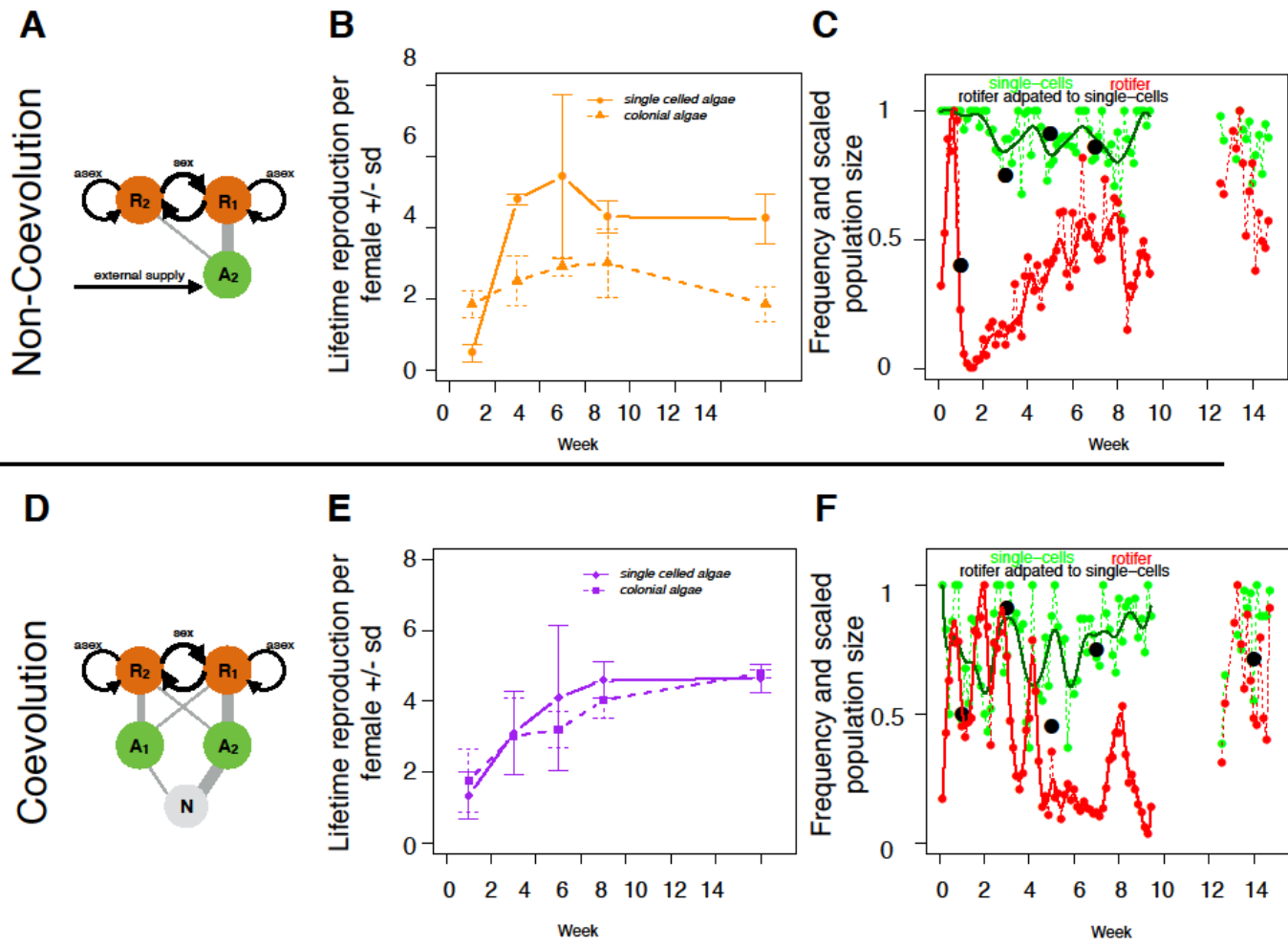
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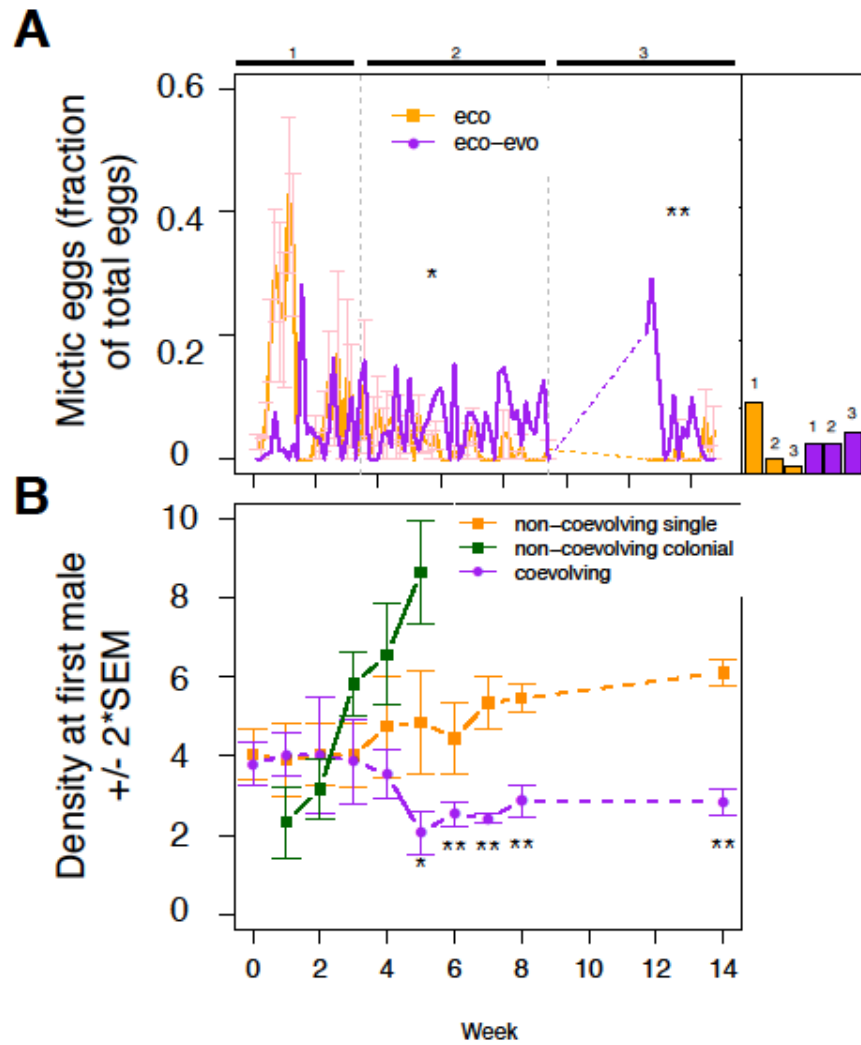
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